

WESTMINSTER

September • October • November



Fall
2013

Olive Street Reunion
Senior Group • Sigler Park 2012

Parks
Make
Life
Better!



**NEWSLETTER &
RECREATION GUIDE**

See us at:
www.westminster-ca.gov

See page 4 for Photo Contest Details
See Inside Front Cover for Dia de La Familia Info

YOU ARE INVITED TO JOIN THE CITY OF WESTMINSTER FOR OUR

Remembrance of September 11th

*Brief program will include
flag ceremony, moment of silence and remarks*

**WEDNESDAY, SEPTEMBER 11, 2013 AT 10:00AM
SID GOLDSTEIN FREEDOM PARK
14180 ALL AMERICAN WAY**

For information call (714) 895-2860

MAYOR TRI TA • MAYOR PRO TEM ANDY QUACH

COUNCILMEMBER DIANA LEE CAREY • COUNCILMEMBER SERGIO CONTRERAS • COUNCILMEMBER MARGIE L. RICE

Tree Lighting Ceremony & Community Sing

Monday, December 2

6:00 pm - 7:30 pm

Civic Center

8200 Westminster Blvd.

*Visit with Santa during
& after the ceremony.*

**Please bring canned goods to donate to
those in need this holiday season.**

**Dress warmly event will
be held outdoors.**

City of Westminster
Community Services & Recreation Department
www.westminster-ca.gov
(714) 895-2860



Día de la (Family Day) Familia

Sunday, September 8, 2013

12:30 p.m.-5:30 p.m.

Sigler Park

7200 Plaza St.

Family Fun

Delicious Food



*Featuring
DeNada*



Las Tapatias

Table of Contents

Fall Highlights	3
..... CLASSES	
Special Events.....	5
Youth Sports.....	6
Academics.....	7
Arts & Crafts	8
Dance	9
Music.....	15
Piano.....	15
Singing.....	15
Special Interest.....	16
Fun with Horses	17
Dog Obedience	18
Sports & Fitness	20
Skating.....	22
Karate	24
Judo	24
Tennis.....	26
Visual, Performing, & Cultural Arts.....	27
Senior Activities.....	28
City News & Services.....	30
Library	35
Registration Information	36
Registration Form	37
Community Services & Recreation Facilities Map & Legend...	38
WFRC	Back Cover



**Scan here to
register for
classes!**

Class Reminders

1. Most recreation classes will begin the week of September 9.
Please check your starting date carefully.
2. Classes may be cancelled if minimum enrollment is not met prior to class starting date. Don't miss out!

BE SURE TO REGISTER EARLY!

Fall Highlights

August 19

Fall Class Registration Begins

September 2

Labor Day – City Offices Closed

September 8

Dia De La Familia

September 9

Fall Parks Program Begins

September 11

September 11 Remembrance

October 31

Halloween Happening at the Mall

November 28 & 29

Thanksgiving Holiday – City Offices
Closed

December 2

Tree Lighting Ceremony &
Community Sing

December 7

Breakfast with Santa

December 25 – January 1

City Offices Closed

January 1, 2014

Rose Parade Excursion

Internet access to Westminster City Council Meetings

Check the city's website at www.westminster-ca.gov for information about viewing live and archived City Council meetings. If you have Internet access, you can follow the meeting live with a video stream on your computer. You will also have access to an archive of recent City Council meetings if you are interested in viewing a particular meeting segment along with meeting agendas and minutes.

Quick Reference City Phone Directory

Animal Control.....	(714)548-3201
Building	(714)898-3254
City Clerk	(714)548-3237
City Hall.....	(714)898-3311
Coastline Community College (Le-Jao Center) ...	(714)241-6184
Code Enforcement.....	(714)548-3246
Community Services & Recreation	(714)895-2860
Corporation Yard	(714)895-2876
Court Ordered Community Service	(714)953-5597
Department of Motor Vehicles.....	(800)777-0133
Family Resource Center.....	(714)903-1331
Housing/Grants	(714)548-3248
Library	(714)893-5057
O.C West Court.....	(657)622-5900
Orange County Fire Authority Station #64	(714)379-4920
Orange County Transportation Authority	(714)560-6282
Planning/Community Development	(714)548-3247
Police Department.....	(714)898-3315
Police Emergency	9-1-1
Public Works/Engineering.....	(714)548-3243
Senior Center Services	(714)895-2878
Southern California Edison (Electric).....	(800)655-4555
The Gas Company (Gas).....	(800)427-2200
Time Warner Cable	(714)903-4000
Trash Service (Midway City Sanitary District)	(714)893-3553
Water Department	(714)548-4800
Westminster Chamber of Commerce.....	(714)898-9648
Westminster Rose Center	(714)793-1139
Westminster School District	(714)894-7311

Parks Make Life Better! Photo Contest Winner

The cover of this brochure features the winning photo from our first "Parks Make Life Better!" photo contest.

The photo was submitted by Ricardo Valverde and was taken at Sigler Park at the 2012 Olive Street Reunion. The picture depicts the senior group that gets together at the annual event. This year the reunion will celebrate it's 10th Anniversary. Mr. Valverde stated, "my grandparents, parents, myself, my friends, my children and now my grandchild continue to use the park facilities and programs." What an excellent example of how "Parks Make Life Better!" in Westminster!

Thank you to everyone who submitted photos, it was a tough decision! Also, thank you to the Community Services and Recreation Commission for taking the time to serve as judges for the contest.

To watch WTV-3 on the City's website www.westminster-ca.gov, click on Departments, Community Services, and click on the WTV-3 link!



CITY OF WESTMINSTER WESTMINSTER CITY HALL

8200 Westminster Blvd.

Monday – Thursday 7:30 a.m.- 5:30 p.m.

Friday 7:30 a.m. - 4:30 p.m.

Closed alternate Fridays

(714) 898-3311

CITY COUNCIL

Meetings are held the
2nd & 4th Wednesdays
of the month in the
Council Chambers
at 7:00 p.m.

8200 Westminster Blvd.

Tri Ta

MAYOR

(714) 548-3179

Andy Quach

MAYOR PRO TEM

(714) 548-3182

Diana Lee Carey

COUNCIL MEMBER

(714) 548-3181

Sergio Contreras

COUNCIL MEMBER

(714) 548-3180

Margie L. Rice

COUNCIL MEMBER

(714) 548-3183

Eddie Manfro

CITY MANAGER

(714) 548-3172



Scan here to Like
Us on Facebook!

COMMUNITY SERVICES & RECREATION DEPARTMENT

8200 Westminster Boulevard
Monday – Thursday • 7:30 a.m. – 5:30 p.m.
Friday • 7:30 a.m. – 4:30 p.m.

Closed alternate Fridays

RECREATION PROGRAMS

FACILITY RENTALS

(714) 895-2860

SENIOR CENTER

(714) 895-2878

DAMAGE TO PARKS/GRAFFITI HOTLINE

(714) 895-2876

COMMUNITY SERVICES & RECREATION COMMISSION

Tyler Diep

Owen Eames

Gia Ly

Ethan Nguyen

Jerry Vilander

Eric Schiffer, Alternate

COMMUNITY SERVICES & RECREATION DEPARTMENT STAFF

Community Services Director

Diana Dobbert

Senior Services Supervisor

Claire Hutchinson

Community Services Supervisor

Vanessa Johnson

Family Resource Center Supervisor

Susanna Herrera

Community Services Coordinators:

Stacy Yoshida – Sports

Pam Gremling – Special Events

The City of Westminster does not discriminate on the basis of race, color, national origin, sex, religion, age, or handicapped status in employment or the provision of services.

HALLOWEEN HAPPENING AT THE WESTMINSTER MALL

The Westminster Mall and Westminster Community Services & Recreation Department sponsor this annual Halloween funfest. The event will be held **Thursday, October 31** from 4:30-7:30 p.m. at the Westminster Mall, lower level Macy's court. Families are invited to come in costume. Children can trick-or-treat throughout the mall and win treats and prizes at the game booths. For more information, please call the Department at (714) 895-2860.



BREAKFAST WITH SANTA

You'd better watch out because Santa is making a special trip to Westminster. On **Saturday, December 7**, Santa will arrive to delight and entertain at this traditional event. The cost is \$8.00 for children and adults and includes breakfast, crafts, a visit from Santa Claus and a small stocking for each child. Adults are encouraged to bring their cameras to capture these holiday memories. Children must be accompanied by an adult. **SPACE IS LIMITED, SO PLEASE REGISTER EARLY!!!** For more information, please call (714) 895-2860.

Age: 2 - Adult

Fee: \$8.00

Length: 1 day

#8010.401 Breakfast with Santa Sa 12/7/13 9:00-10:30 a.m.

ROSE PARADE EXCURSION

On **Wednesday, January 1, 2014** celebrate the New Year with the 125th Rose Parade. This year's theme, "Dreams Come True" brings even more creativity with flowers, music, equestrian units and lots of animation from all over the world. Tickets are \$90.00, which includes transportation and reserved grandstand seats (1217 E. Colorado Blvd.). We have limited seating available, so make sure to register early. Registrants under the age of 18 must be accompanied by an adult. The bus departs from the Civic Center, 8200 Westminster Blvd. at 6:00 a.m.

Age: 2 - Adult

Fee: \$90.00

Length: 1 day

#7010.401 Rose Parade Excursion W 1/1/14 6:00 a.m.-2:00 p.m.

Please note: there are no refunds on the Rose Parade excursion.

Youth Sports Contacts

American Youth Soccer Organization (AYSO)

Region 5 • (714) 367-4691 • www.ayso5.org
 Region 143 • (877) 976-6333 • www.ayso143.org

Westminster Little League

(714) 894-1578 • www.westminsterlittleleague.org

District 62 Challenger

(714) 610-8295 • www.eteamz.com/district62challenger/

National Junior Basketball (NJB)

westminsternjb@gmail.com • www.westminsternjb.com

Westminster Midway City Junior All-American Football

(714) 299-7619

Southern California Premier Soccer Academy

(866) 450-1674 • www.socalpremiersoccer.com

Youth Sports

SOCCER STARS

GOOOOAAAAALLL! Explore the techniques of soccer with the focus on ball handling, position play, and team strategies. Practices include drills and scrimmage to get a feel of a real soccer game. Participants should dress in comfortable clothes and tennis shoes (no cleats). **(No practice November 11.)**

Instructor: Recreation Staff
 Fee: \$30.00 (Includes T-shirt)

Ages: 8-12 yrs
 Length: 10 wks

#6010.401 Bolsa Chica Park M 9/30-12/9 3:30-4:30 p.m.

#6010.402 Liberty Park M 9/30-12/9 3:30-4:30 p.m.



PEE-WEE SOCCER

Learn the basic fundamentals of soccer in a fun, safe and non-competitive atmosphere. Participants should dress in comfortable clothes and tennis shoes (no cleats).

Instructor: Recreation Staff
 Fee: \$30.00 (Includes T-shirt)

Ages: 5-7 yrs
 Length: 10 wks

#6010.403 Bolsa Chica Park F 10/4-12/13 3:45-4:30 p.m.

#6010.404 Liberty Park F 10/4-12/13 3:45-4:30 p.m.

TEEN HOOPS

Teens will learn the basics of basketball or improve their skills. Fundamentals including passing, dribbling, shooting, teamwork, and defense will be taught.

Instructor: Recreation Staff
 Fee: \$30.00 (Includes T-shirt)

Ages: 12-14 yrs
 Length: 10 wks

#6010.405 Sigler Park Tu 10/1-12/3 3:30-4:30 p.m.

PEE-WEE HOOPSTERS

This non-competitive Pee-Wee Basketball program teaches the basic basketball skills including: passing, defense, dribbling, shooting, basic techniques, and coordination. A lower rim and smaller basketballs will be used to ensure success.

Instructor: Recreation Staff
 Fee: \$30.00 (Includes T-shirt)

Ages: 5-7
 Length: 10 weeks

#6010.406 Bolsa Chica Park W 10/2-12/4 3:45-4:30 p.m.

#6010.407 Liberty Park W 10/2-12/4 3:45-4:30 p.m.



YOUTH HOOPSTERS

The Youth Basketball program emphasizes the basic skills of basketball through the values of teamwork, respect and having fun. Boys and girls welcome! **(No practice October 31 and November 28).**

Instructor: Recreation Staff
 Fee: \$30.00 (Includes T-shirt)

Ages: 8-11 yrs
 Length: 10 wks

#6010.408 Bolsa Chica Park Th 10/3-12/19 3:30-4:30 p.m.

#6010.409 Liberty Park Th 10/3-12/19 3:30-4:30 p.m.

YOUTH FLAG FOOTBALL

Boys and girls are invited to participate in the Youth Flag Football program. Participants will develop their playing skills, learn the rules of the game, build teamwork, engage in social interaction, build character and make new friends. **(No practice November 29.)**

Instructor: Recreation Staff
 Fee: \$30.00 (Includes T-shirt)

Ages: 8-14 yrs
 Length: 10 wks

#6010.410 Sigler Park F 10/4-12/13 3:30-4:30 p.m.

MINI SPORTS

This program introduces children to three very popular sports: basketball, soccer and t-ball. Boys and girls, ages 3 and 4 years, will play games while learning to dribble, pass, catch and kick. Parent participation is required.

Instructor: Recreation Staff
Fee: \$18.00 (Includes T-shirt)

Ages: 3-4 yrs
Length: 6 wks

#6020.401 Sigler Park Sa 10/5-11/9 10:00-10:45 a.m.
#6020.402 Sigler Park Sa 10/5-11/9 11:00-11:45 a.m.

CLUB WESTMINSTER – FALL PARKS AND PLAYGROUNDS PROGRAM

The City of Westminster's After School Parks Program is the perfect place for youth to spend their after school hours. Elementary school aged children can enjoy an assortment of free activities in a supervised and positive environment. As a drop-in program, participants DO NOT sign-in or out and may come and go freely. This supervised fall recreation program is designed to offer a quality recreation experience! The parks noted below will be open **Monday through Friday, 2:30 to 5:00 p.m. beginning Monday, September 9. (Parks will be closed October 31 and November 28 and 29 for the Thanksgiving holiday.)** Pre-registration is preferred, but not required. Registration forms can be filled out at the Community Services & Recreation Department and will also be available at the parks listed below.

BOLSA CHICA PARK, 13660 University St., Phone (714)865-6568
LIBERTY PARK, 13900 Monroe St., Phone (714) 412-2617
SIGLER PARK, 7200 Plaza St., Phone (714) 715-0262

SPECIAL WINTER VACATION SCHEDULE

The after school parks program will be extending their hours during winter break at the sites listed above. Park hours will be from 10 a.m. to 4 p.m. during winter vacation, weekdays only, **Monday, December 23 through Friday, January 3. (Parks will be closed Wednesday, December 25, and Wednesday, January 1.)**



WRITE A LETTER TO SANTA CLAUS

All children are invited to write a letter to Santa. Santa's helpers will assist Mr. and Mrs. Claus in answering all the letters received. Make sure your return addresses are on all the letters and they are mailed to the City of Westminster. As Santa is really busy during this time of year, all letters must be received prior to **Monday, December 16.**

Academics

ITALIAN SUPREME~ A TASTE OF ITALY

Join us for an 8 week adventure to learn some of the basics of the beautiful Italian language. You'll be able to use some everyday life vocabulary needed to communicate while traveling in Italy. It will help you to get by at a "survival level" of proficiency. Imagine the fun you will have learning Italian songs, exploring the culture, preparing a Cucina Italiana recipe. Recommended textbook: "Living Language Ultimate Italian" by Salvatore Bancheri PhD ISBN 978-1-4000-1967-1. La Vita E Bella! **\$5 material fee will be due to the instructor at the first class.**

Instructor: CALINK Institute Staff
Fee: \$130 (+material fee)
Location: Fountain Valley
Recreation Center

Age: 16+ yrs
Length: 8 wks
Min: 5 Max: 15

#0000.401 Tu 9/24-11/12 5:00-6:00 p.m.

SPANISH FOR PRESCHOOLERS

This is a unique language learning experience designed for young children. This course combines TPR (Total Physical Response) activities, music, movement, and hands-on arts and crafts. This effective method introduces youngsters to a second language much in the same way as learning one's native language, by experiencing it. **\$5 material fee will be due to the instructor at the first class.**

Instructor: CALINK Institute Staff
Fee: \$130 (+material fee)
Location: Fountain Valley
Recreation Center

Age: 3-5 yrs
Length: 8 wks
Min: 5 Max: 15

#0000.402 Tu 9/24-11/12 3:00-3:50 p.m.

SPANISH FOR CHILDREN

Learning a foreign language opens a window of opportunity for your child especially when they can explore it at an early age; it puts them ahead of the rest! Children will be introduced to greetings, colors, numbers, shapes, and animals through vocabulary and bingo games in a fun and easy way. Explore the language learning path with hands on activities and projects. The course will focus on four areas of language acquisition: reading, writing, listening, and speaking. For more information, email info@calinkinstitute.com. **\$5 material fee will be due to the instructor at the first class.**

Instructor: CALINK Institute Staff
Fee: \$130 (+material fee)
Location: Fountain Valley
Recreation Center

Age: 6-12 yrs
Length: 8 wks
Min: 5 Max: 15

#0000.403 Tu 9/24-11/12 4:00-5:00 p.m.

LEARN SPANISH LEVEL 1 & TUTORING

Learn Spanish with this innovative course that emphasizes vocabulary method development. Gradually acquire basic communication skills through listening and speaking at a "survival level" of proficiency. This combo class will also help those students wishing to polish their basic skills while participating in challenging conversation. Listening and reading comprehension with practice in speaking and writing Spanish based on cultural/literary materials. This class is also open to high school students who need tutoring. For more information e-mail info@calinkinstitute.com. **\$5 material fee will be due to the instructor at the first class.**

Instructor: CALINK Institute Staff	Age: 13+ yrs
Fee: \$130 (+material fee)	Length: 8 wks
Location: Fountain Valley Recreation Center	Min: 5 Max: 15

#0000.404 Tu 9/24-11/12 6:00-7:00 p.m.

LEARN SPANISH LEVEL 2 INTERMEDIATE

This course is based on listening and reading comprehension with practice in speaking and writing Spanish. Emphasis on vocabulary building while developing grammatical accuracy. This class will also help those students wishing to polish their basic skills while participating in challenging conversion. For more information e-mail info@calinkinstitute.com. **\$5 material fee will be due to the instructor at the first class.**

Instructor: CALINK Institute Staff	Age: 13+ yrs
Fee: \$130 (+material fee)	Length: 8 wks
Location: Fountain Valley Recreation Center	Min: 5 Max: 15

#0000.405 Tu 9/24-11/12 7:00-8:00 p.m.

LEARN TO SPEAK ENGLISH CLEARLY

This class is designed for students who wish to speak English with clarity and proper diction. Vocal exercises will be taught to free the voice and reduce vocal stress for correct vowel and consonant placement. Students should wear comfortable attire in order to move with ease. English and non-English speakers welcome. Class can also benefit singers.

Instructor: Brigitte Wolf	Age: 18+ yrs
Fee: \$60	Length: 6 wks
Location: WCSB Craft Room	Min: 4 Max: 40

#0000.406 Sa 9/14-10/19 4:00-5:00 p.m.

NEW

Arts & Crafts

ART: FUN DRAWING AND PAINTING for TEENS & ADULTS!

Maximize your time! This great class is designed for beginners and intermediate students who would like to learn how to improve their drawings and paintings. Color theory, drawing skills, and elements of art will be incorporated. **Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting.**

Instructor: Pati Kent	Age: 12+ yrs
Fee: \$68	Length: 4 wks
Location: WCSB Craft Room	Min: 3 Max: 20

#1000.401	W	9/11-10/2	1:15-3:00 p.m.
#1000.402	W	10/23-11/13	1:15-3:00 p.m.
#1000.403	W	11/20-12/11	1:15-3:00 p.m.



ART: PENCILS, PAINTS, PASTELS, AND MORE!

Join the fun as Pati Kent teaches children ways to improve their drawing and painting skills in a creative and supportive environment. Learn color theory, basic drawing skills, while incorporating art elements. Students will have the opportunity to include their work in an art show. **Note: Please ask for the materials list when registering for this class in person, or download list if registering online, and bring all materials to the first class meeting.**

Instructor: Pati Kent	Age: 7-12 yrs
Fee: \$48	Length: 4 wks
Location: WCSB Craft Room	Min: 3 Max: 20

#1000.404	W	9/11-10/2	3:15-4:15 p.m.
#1000.405	W	10/23-11/13	3:15-4:15 p.m.
#1000.406	W	11/20-12/11	3:15-4:15 p.m.

ART: ESSENTIAL CARTOONING

Have a fun time learning how to draw characters including classic cartoons, caricatures and Japanese anime. **There will be a \$25 material fee due to the instructor which covers all supplies.**

Instructor: Pati Kent Age: 7-12 yrs
 Fee: \$38 (+material fee) Length: 4 wks
 Location: WCSB Craft Room Min: 3 Max: 20

#1000.407	W	9/11-10/2	4:15-5:15 p.m.
#1000.408	W	10/23-11/13	4:15-5:15 p.m.
#1000.409	W	11/20-12/11	4:15-5:15 p.m.

PRE-SCHOOL PLAY & PRACTICE

Imagine your child learning activities like award-winning children's literature, arts and crafts, songs and many more fresh new ideas. Each class is based on a different theme and includes cutting, pasting, coloring and more importantly, interacting with other children. **A \$5 material fee will be due to the instructor at the first class.**

Instructor: Miss Dawna Age: 2-5 yrs
 Fee: \$54 (+material fee) Length: 6 wks
 Location: Garden Grove Sports & Rec. Center Min: 10 Max: 20

#1000.410	Sa	9/21-10/26	9:20-10:00 a.m.
#1000.411	Sa	11/2-12/7	9:20-10:00 a.m.



Dance

WOMEN'S HIP HOP WORKOUT CLASS

NEW

Come shake your booty and muffin top off! Learn fun Hip Hop routines to make you sweat!

Instructor: Elizabeth Gonzalez Ages 18+
 Fee: \$120 Length: 8 wks
 Location: WCSB E/W Room Min: 8 Max: 15

#2000.401	W	9/11-10/30	6:00-7:00 p.m.
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BALLET, TAP, & JAZZ 1

An introduction to the basic steps of ballet, tap, and jazz. Students learn basic steps and develop these into a dance routine. There will be a recital on the last day of the 4 week session, after class. **Dance attire:** pastel ballet shoes, tights, and leotards; tap shoes optional.

Instructor: Elizabeth Gonzalez Ages: 3-5 yrs
 Fee: \$36 Length: 4 wks
 Location: WCSB E/W Room Min: 8 Max: 15

#2000.402	Sa	9/7-9/28	11:00-11:45 a.m.
#2000.403	Sa	10/12-11/2	11:00-11:45 a.m.

BALLET, TAP, & JAZZ INTERMEDIATE

This class may be taken after participating in 2 sessions of Mrs. Elizabeth's Ballet, Tap, & Jazz 1. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the session, after class. **Dance attire:** pastel ballet shoes, tap shoes, black leotard and black tights. **There will be a \$15 material fee due to the instructor at the first class.** There will be no class on 10/5 and 11/30.

Instructor: Elizabeth Gonzalez Ages: 5-8 yrs
 Fee: \$55/6 wks Length: 6 and 8 wks
 \$75/8 wks
 Location: WCSB E/W Room Min: 8 Max: 15

#2000.404	Sa	9/7-11/2*	9:00-10:00 a.m. (8 wks.)
#2000.405	Sa	11/9-12/21*	9:00-10:00 a.m. (6 wks.)

*No class on 10/5 and 11/30.



BALLET, TAP, & JAZZ ADVANCED (Invite Only)

This class is an "invite only" class. Students must be invited to take this class by the instructor. Students will continue to learn steps in ballet, tap, and jazz. There will be a recital on the last day of the session, after class. **Dance attire:** pastel ballet shoes, tap shoes, black leotard and black tights. **There will be a \$15 material fee due to the instructor at the first class. Saturday classes are from 10-11 a.m., and Wednesday classes are from 5-6 p.m. No class on 10/5 and 11/30.**

Instructor: Elizabeth Gonzalez Ages: 9-12 yrs
Fee: \$90/6 wks Length: 6 and 8 wks
\$120/8 wks

Location: WCSB E/W Room Min: 8 Max: 15

#2000.406 Sa & W 9/7-11/2* (8 wks) Sa: 10:00-11:00 a.m.
W: 5:00-6:00 p.m.

#2000.407 Sa & W 11/6-12/21* (6 wks) Sa: 10:00-11:00 a.m.
W: 5:00-6:00 p.m.

*No class on 10/5 and 11/30.

HIP HOP TIL' YOU DROP!

Learn the hottest dance moves to the latest Hip Hop music! This class is an introduction to beginning Hip Hop. Students will learn Hip Hop combinations and a complete dance routine. There will be a recital on the last day of the session, after regular class. **There will be no class on 10/5.**

Instructor: Elizabeth Gonzalez Ages 6-10 yrs
Fee: \$75 Length: 8 wks
Location: WCSB E/W Room Min: 8 Max: 15

#2000.408 Sa 9/7-11/2* 12:00-12:45 p.m.

*No class on 10/5.

ZUMBA GOLD

This format is designed for active seniors, but everyone is welcome! Join the party and improve balance, coordination, strength, and cardiovascular fitness. The fusion of Latin and International music will keep you moving to the beat for total mind and body conditioning! Customers have a variety of class and payment options to choose from. No class on 9/2 and 11/11.

Instructor: Joanne Pridomirski-Alvo Age: 13+ yrs
Fee: \$7/ Single Class Length: Varies
\$40/Mondays (7 classes)
\$45/Wednesdays (8 classes)
\$70/M&W (15 classes)
\$120/All 30 Classes

Location: Miriam Warne Community Room Min: 8 Max: 50

Session 1: 8/26-10/16

Session 2: 10/28-12/18

#2000.409 M,W Session 1 & 2 10:00-10:45 a.m. (All 30 classes)

#2000.410 M,W 8/26-10/16 10:00-10:45 a.m. (15 classes)

#2000.411 W 8/28-10/16 10:00-10:45 a.m. (8 classes)

#2000.412 M 8/26-10/16 10:00-10:45 a.m. (7 classes)

#2000.413 M,W 8/26-10/16 10:00-10:45 a.m. (Single Class)

#2000.414 M,W 10/28-12/18 10:00-10:45 a.m. (15 classes)

#2000.415 W 10/30-12/18 10:00-10:45 a.m. (8 classes)

#2000.416 M 10/28-12/18 10:00-10:45 a.m. (7 classes)

#2000.417 M,W 10/28-12/18 10:00-10:45 a.m. (Single Class)

ZUMBA

Join the party! You will have the time of your life dancing your way to fitness! Join us as we move to the music, learn new dance moves, burn calories, and tone our bodies. Customers have a variety of class and payment options to choose from. No class on 9/2 and 11/11.

Instructor: Joanne Pridomirski-Alvo Age: 13+ yrs
Fee: \$7/ Single Class Length: Varies
\$40/Mondays (7 classes)
\$45/Wednesdays (8 classes)
\$70/M&W (15 classes)
\$120/All 30 Classes

Location: Miriam Warne Community Room Min: 8 Max: 50

Session 1: 8/26-10/16

Session 2: 10/28-12/18

#2000.418 M,W Session 1 & 2 11:00-11:45 a.m. (All 30 classes)

#2000.419 M,W 8/26-10/16 11:00-11:45 a.m. (15 classes)

#2000.420 W 8/28-10/16 11:00-11:45 a.m. (8 classes)

#2000.421 M 8/26-10/16 11:00-11:45 a.m. (7 classes)

#2000.422 M,W 8/26-10/16 11:00-11:45 a.m. (Single Class)

#2000.423 M,W 10/28-12/18 11:00-11:45 a.m. (15 classes)

#2000.424 W 10/30-12/18 11:00-11:45 a.m. (8 classes)

#2000.425 M 10/28-12/18 11:00-11:45 a.m. (7 classes)

#2000.426 M,W 10/28-12/18 11:00-11:45 a.m. (Single Class)

BALLROOM AND SWING!

Learn fun, easy patterns in Swing and Cha-Cha in session 1, Swing and Waltz during session 2, and Swing and Bachata in session 3! Learn to dance to the music played at parties, night clubs, weddings, and cruises. No partner necessary.

Instructor: Efren Barrera
 Fee: \$45
 Location: WCSB E/W Room

Age: 14+ yrs
 Length: 4 wks
 Min: 4 Max: 30

#2000.427	Tu	9/10-10/1	6:00-7:00 p.m. (Swing & Cha-Cha)
#2000.428	Tu	10/8-10/29	6:00-7:00 p.m. (Swing & Waltz)
#2000.429	Tu	11/5-11/26	6:00-7:00 p.m. (Swing & Bachata)



SALSA1 for ADULTS!

Salsa, the hot and spicy dance, lets you move to the Latin rhythms in today's club and party scene. Learn hot, beginner and intermediate patterns! Meet people, socialize, and show off your moves! No partner needed. For more information, call Efren Barrera at 714-595-4766.

Instructor: Efren Barrera
 Fee: \$45
 Location: WCSB E/W Room

Age: 14+ yrs
 Length: 4 wks
 Min: 4 Max: 30

#2000.430	Tu	9/10-10/1	7:00-8:00 p.m.
#2000.431	Tu	10/8-10/29	7:00-8:00 p.m.
#2000.432	Tu	11/5-11/26	7:00-8:00 p.m.

COUNTRY 2 STEP AND COWBOY CHA-CHA

Country two step plus cowboy cha-cha - both dances are coming back and both are popular in country nightclubs! You will learn both and have a good time socializing and meeting new people. No partner needed!

Instructor: Efren Barrera
 Fee: \$45
 Location: WCSB E/W Room

Age: 14+ yrs
 Length: 4 wks
 Min: 3 Max: 30

#2000.433	Tu	9/10-10/1	8:00-9:00 p.m.
#2000.434	Tu	10/8-10/29	8:00-9:00 p.m.
#2000.435	Tu	11/5-11/26	8:00-9:00 p.m.

INTERMEDIATE LINE DANCING

Dancing is a great way to reduce stress and get fit while having fun. A study at the Albert Einstein Medical Center found dancing to be the only regular physical activity associated with a significant drop in the incidence of dementia, including Alzheimer's. Other studies have shown it to be helpful in the areas of memory, balance and cardiovascular fitness. It's done to all kinds of great music including top 40, waltzes, Latin, country, and disco. No partner needed. Intermediate (Level 3 and 4) dancers only.

Instructor: Suzy Hazard
 Fee: \$69
 Location: WCSB E/W Room

Age: 18+ yrs
 Length: 14 wks
 Min: 20 Max: 60

#2000.436	M	9/9-12/9	9:30-11:30 a.m.
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PARENT & ME ENCHANTING FAIRIES & PRINCESS BALLET

Enter the land of enchanting fairies and graceful princesses in this beginning ballet class. Dancers will "earn their wings" by learning the fundamentals of ballet and creative movement with an element of fun and fantasy. With a little help from a parent/caretaker, children use props, dress in colorful tutus, have fairytale story time, dance to classical fairytale music and make crafts. Each session features a different Princess/Fairy and the instructor provides dance skirts and props. Active parent/caretaker participation is required. For more information please visit www.ocdanceproductions.com (no class 11/6 and 11/27). **\$10 material fee per 5 week session.**

Instructor: OC Dance Productions
 Fee: \$58/5 wks
 \$104/10 wks

Age: 1.5-3 yrs.
 Length: 5 or 10 wks

Location: Fountain Valley
 Recreation Center

Min: 5 Max: 11

(Full Session: 10 wks)

#2000.437	W	9/25-12/11	9:00-9:45 a.m.
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(Half Session: 5 wks)

#2000.438	W	9/25-10/23	9:00-9:45 a.m.
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(Half Session: 5 wks)

#2000.439	W	10/30-12/11*	9:00-9:45 a.m.
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*No class 11/6 and 11/27.



PARENT & ME BALLET, TAP, & TUMBLE

Our tiniest dancers get moving, shaking, and playing in this introduction to dance and movement. Participants will learn beginning tap and ballet movements with terminology they can understand while promoting gross motor skills, rhythm, balance and coordination. Dancers will also engage in basic tumbling exercises and creative movement activities with props to fun children's tunes. Great for any girl or boy with lots of energy! Active parent/caretaker participation is required. For more information please visit www.ocdanceproductions.com (No class on 11/6 and 11/27.)

Instructor: OC Dance Productions Age: 3-6 yrs
 Fee: \$58/5 wks Length: 5 or 10 wks
 \$104/10 wks
 Location: Fountain Valley Min: 5 Max: 12
 Recreation Center

(Full Session: 10 wks)
 #2000.440 W 9/25-12/11 9:45-10:30 a.m.
 (Half Session: 5 wks)
 #2000.441 W 9/25-10/23 9:45-10:30 a.m.
 (Half Session: 5 wks)
 #2000.442 W 10/30-12/11* 9:45-10:30 a.m.
 *No class 11/6 and 11/27.

HIP HOP MOMS

Come get a great workout and have fun shaking your booty while learning how to dance! You'll sweat like crazy in this hip hop dance class done to popular music and geared towards busy moms of all dance levels. **Dance attire:** Wear black pants, black tank and clean sneakers with non-marking soles. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jerome Moore Age: Adult
 Fee: \$50 Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.443 Tu 9/10-10/8 8:15-9:00 p.m.
 #2000.444 Tu 10/15-11/12 8:15-9:00 p.m.
 #2000.445 Tu 11/19-12/17 8:15-9:00 p.m.

SALSA - SOCIAL DANCING

David Nieto is a top-notch salsa instructor, choreographer, and performer. His achievements include: choreographer for *Dancing with the Stars*, and So You Think You Can Dance; featured dancer in multiple Hollywood films with Neo, Jamie Fox, Cierra, the Jonas Brothers and others; a World Mayan Salsa Champion and a World ESPN Salsa Champion; and has judged many national and international dancing competitions. David teaches you his natural and creative style as soon as you step on the floor. You will be amazed how easy and fun David makes learning salsa, not to mention how great you will look doing it! **Dance attire:** Ladies wear nice dress with comfortable shoes and gentlemen wear nice shirt and pants with comfortable shoes. For more info visit our website at www.wespacdance.com or www.ocsalsadancelessons.com or call 714-893-2623.

Instructor: David Nieto Age: Teen/Adult
 Fee: \$50 Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.446 W 9/11-10/9 8:15-9:00 p.m.
 #2000.447 W 10/16-11/13 8:15-9:00 p.m.
 #2000.448 W 11/20-12/18* 8:15-9:00 p.m.
 *No class on 11/27, makeup on 1/8.

PEE WEE CREATIVE MOVEMENT (INTRO TO DANCE)

Come learn the foundation for all dance styles in this combination of ballet & jazz. Have fun while listening to friendly children's music. **Dance attire:** Wear all ballet pink leotard, pink tights and pink ballet shoes. Student must be potty trained prior to taking class. **This is not a parent & me class so parents are encouraged to watch from the lobby.** Optional opportunity for students enrolled in both sessions to perform at events with a costume fee of \$25. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Valerie Bartosch Age: 2-4 yrs
 Fee: \$50.00 Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.449 M 9/9-10/7 9:30-10:15 a.m. (Age 2-3)
 #2000.450 M 10/14-11/11 9:30-10:15 a.m. (Age 2-3)
 #2000.451 M 11/18-12/16 9:30-10:15 a.m. (Age 2-3)
 #3000.452 M 9/9-10/7 10:15-11:00 a.m. (Age 3-4)
 #3000.453 M 10/14-11/11 10:15-11:00 a.m. (Age 3-4)
 #3000.454 M 11/18-12/16 10:15-11:00 a.m. (Age 3-4)



PEE WEE (INTRO TO DANCE) LEVEL 1 & 2

Come learn the foundation for all dance styles in this combination of ballet, tap & jazz. Have fun while listening to friendly children's music. **Dance attire:** Wear all ballet pink leotard, pink tights, pink ballet shoes, and black tap shoes. Student must be potty trained prior to taking class. **This is not a parent & me class so parents are encouraged to watch from the lobby. Must be invited by instructor prior to taking Level 2.** Optional opportunity for students enrolled in both sessions to perform at events with a costume fee of \$25. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Valerie Bartosch Age: 2-6 yrs
 Fee: \$50 Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.455 Th 9/12-10/10 5:15-6:00 p.m. (Level 1)
 #2000.456 Th 10/17-11/14 5:15-6:00 p.m. (Level 1)
 #2000.457 Th 11/21-1/2* 5:15-6:00 p.m. (Level 1)
 #2000.458 Th 9/12-10/10 6:00-6:45 p.m. (Level 2) By Invitation only
 #2000.459 Th 10/17-11/14 6:00-6:45 p.m. (Level 2) By Invitation only
 #2000.460 Th 11/21-1/2* 6:00-6:45 p.m. (Level 2) By Invitation only
 *No class on 11/28 and 12/26.

BALLET

This class will utilize ballet barre, center floor work and across the floor. Learn ballet positions in 1st - 5th, jumps, tendue's, plie's, chaine's, pique's, pirouettes and leaps. A routine will be taught at the end of class. **Dance attire:** Wear ballet pink leotard, ballet pink tights and pink ballet shoes, ballet skirt is optional. Optional opportunity for students enrolled in both sessions to perform at events with a costume fee of \$25. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica Age: 5-12 yrs
 Fee: \$50 Length: 5 Wks
 Location: Wespac Dance Center Min.: 6 Max: 10

#2000.461 Tu 9/10-10/8 4:30-5:30 p.m.
 #2000.462 Tu 10/15-11/12 4:30-5:30p.m.
 #2000.463 Tu 11/19-12/17 4:30-5:30p.m.

TUMBLING

Learn beginning tumbling technique including splits, somersaults, cartwheels, round offs, back hand-springs and leaps. A must take course for anyone looking to try out for a competitive cheerleading or dance team at any junior high school, high school, university or professional level. Abs, chest and arms will be toned in the class! **Tumbling attire:** Wear black leotard with black ballet/jazz shorts and no shoes. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Wespac Staff Age: 5-13 yrs
 Fee: \$50 Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.464 F 9/13-10/11 4:30-5:15 p.m.
 #2000.465 F 10/18-11/15 4:30-5:15 p.m.
 #2000.466 F 11/22-1/3* 4:30-5:15 p.m.

*No class on 11/29 and 12/27.



HIP HOP

Come learn the latest LA style Hip Hop dance moves as seen on television, film and videos. Get a great workout while learning how to dance! **Dance attire:** Wear black leggings for girls or black skinny jeans for boys, black tank and black Converse Shoes. Optional opportunity for students enrolled in both sessions to perform at events with a costume fee of \$25. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jerome Moore Age: 5 yrs-Adult
 Fee: \$50 Length: 5 wks
 Location: Wespac Dance Center Min: 6 Max: 10

#2000.467 M 9/9-10/7 6:45 - 7:30 p.m. (5-12 yrs.)
 #2000.468 M 10/14-11/11 6:45 - 7:30 p.m. (5-12 yrs.)
 #2000.469 M 11/18-12/16 6:45 - 7:30 p.m. (5 - 12 yrs.)
 #2000.470 Tu 9/10-10/8 8:15-9:00 p.m. (Teen/Adult)
 #2000.471 Tu 10/15-11/12 8:15-9:00 p.m. (Teen/Adult)
 #2000.472 Tu 11/19-12/17 8:15-9:00 p.m. (Teen/Adult)



HULA

Learn the cultural dance of the Hawaiian and Tahitian Islands. This class is geared towards students who are looking to get a great workout while having fun. **Dance attire:** Wear black tank or leotard with black shorts or leggings and any color sarong is optional. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Valerie Bartosch
 Fee: \$50
 Location: Wespac Dance Center

Age: 5-12 yrs
 Length: 5 wks
 Min: 6 Max: 10

#2000.473	F	9/13-10/11	5:15-6:00 p.m.
#2000.474	F	10/18-11/15	5:15-6:00 p.m.
#2000.475	F	11/22-1/3*	5:15-6:00 p.m.

*No class on 11/29 and 12/27.

BELLY DANCING

This class will focus on orientale/beledi technique, rhythms, finger cymbals, veil work and improvisations. Get a great lo-impact, cardio workout while dancing to the beautiful middle-eastern beats. **Dance attire:** Wear black tank or leotard with black leggings and any color belly dancing hip scarf is optional, barefoot or ballet shoes are optional. For more info visit our website at www.wespacdance.com or call 714-893-2623. There will be no class on 11/27 and a makeup class on 12/18 from 7:30-8:15 p.m.

Instructor: Rania Bossonis
 Fee: \$50
 Location: Wespac Dance Center

Age: Teen/Adult
 Length: 5 wks
 Min: 6 Max: 10

#2000.476	W	9/11-10/9	6:30-7:30 p.m.
#2000.477	W	10/16-11/13	6:30-7:30 p.m.
#2000.478	W	11/20-12/18*	6:30-7:30 p.m.

*No class on 11/27 and makeup class on 12/18 from 7:30-8:15 p.m.

OUR FIRST DANCE AS MR. & MRS.

Learn the basics of couples' dancing and look great on your wedding day. Your friends and family will be amazed! Even if you are not getting married and you are a guest or father of the bride, all couples are welcome to take this ballroom dance class which is a great way to prepare for any social event or special occasion. **Dance attire:** Ladies wear nice dresses with comfortable shoes and gentlemen wear nice shirts and pants with comfortable shoes. For more info visit our website at www.wespacdance.com or call 714-893-2623.

Instructor: Jaseida Mojica
 Fee: \$100 per couple
 Location: Wespac Dance Center

Age: Adult
 Length: 5 wks
 Min: 6 Max: 10

#2000.479	Tu	9/10-10/8	7:30-8:15 p.m.
#2000.480	Tu	10/15-11/12	7:30-8:15 p.m.
#2000.481	Tu	11/19-12/17	7:30-8:15 p.m.

TEENY TUMBLERS AND DANCERS

Enjoy concentrated time together in activities that are fun for both parents and little cruisers. Early walkers will build important motor skills, balance and coordination as they explore tunnels, slides and ramps. Adult participation is required.

Instructor: Miss Dawna
 Fee: \$54
 Location: Garden Grove Sports & Rec. Center

Age: 6-24 mths.
 Length: 6 wks
 Min: 8 Max: 20

#2000.482	Sa	9/21-10/26	10:40-11:20 a.m.
#2000.483	Sa	11/2-12/7	10:40-11:20 a.m.

BALLET, TAP, and TUMBLING

Ballet develops physical control, strength, balance and grace. Tap develops a sense of rhythm and timing useful in music study and athletics. Children will have lots of fun learning age-appropriate gymnastic skills including rolling, jumping, position of the day, animal walks and balance beams.

Instructor: Miss Dawna
 Fee: \$54
 Location: Garden Grove Sports & Rec. Center

Age: 2-5 and 6-12 yrs
 Length: 6 wks
 Min: 10 Max: 20

#2000.484	Sa	9/21-10/26	8:40-9:20 a.m.	(6-12 yrs)
#2000.485	Sa	11/2-12/7	8:40-9:20 a.m.	(6-12 yrs)
#2000.486	Sa	9/21-10/26	10:00-10:40 a.m.	(2-5 yrs)
#2000.487	Sa	11/2-12/7	10:00-10:40 a.m.	(2-5 yrs)

Music

BEGINNING BAND

NEW

This class is open to students with no previous musical experience. The Band class will focus on the study of Brass, Woodwind and Percussion instruments. Instruments offered would include Saxophone, Flute, Clarinet, Trumpet, Trombone, Baritone Horn, Electric Bass, Drums and Percussion and any other instruments offered in the book "Tradition of Excellence." Students must have completed 3rd grade to participate in this class. Students will learn to read musical notation for their appropriate instruments and learn to play songs with as little as three notes. Band class will be taught by veteran band director Lenny Graf who has taught for twenty years as an Elementary and Middle School band director for the Fountain Valley School District. This is an awesome opportunity for your child to learn to play a musical instrument.

There will be a \$20 material fee due to the instructor. Students need to bring instruments to class.

Instructor: FVM Staff, Lenny Graf Age: 9-14 yrs
Fee: \$61 (+ material fee) Length: 4 wks
Location: Fountain Valley Music Min: 10 Max: 30

#3000.401 M & W 9/16-10/9 3:30-4:15 p.m.

KEYS TO MUSIC – Beginning Piano/Keyboard

Piano is the perfect instrument to start your music career. In addition to playing piano/keyboard, you will play listening games, sing, do rhythm activities and more. You should have a piano/keyboard to play on at home. They are also available at Fountain Valley Music. These classes are fun! **There will be a \$20 material fee due to the instructor which includes a lesson book, note finder, and bag.**

Instructor: FVM Staff Age: 4-Adult
Fee: \$61 (+ material fee) Length: 4 wks
Location: Fountain Valley Music Min: 5 Max: 10

#3000.402 Sa 9/21-10/12 10:15-11:00 a.m. (Age 4-5)
#3000.403 Tu 9/17-10/8 9:15-10:00 a.m. (Age 4-5)
#3000.404 Sa 9/21-10/12 11:15 a.m.-12:00 p.m. (Age 6-9)
#3000.405 M 9/16-10/7 5:00-5:45 p.m. (Age 6-9)
#3000.406 M 9/16-10/7 6:45-7:30 p.m. (Age 10-16)
#3000.407 Th 9/19-10/10 12:00-12:45 p.m. (Age 16+)
#3000.408 Th 9/19-10/10 8:15-9:00 p.m. (Age 16+)
#3000.409 M 9/16-10/7 7:30-8:15 p.m. (Age 16+)

GUITARLAND – Beginning Guitar

This course is a basic approach to playing the guitar, for beginners only. Students learn: Basics of reading music, learn rhythm and tempo, and how to tune your guitar. This is a very popular and fun class. Please bring your own guitar to practice or you may rent one for a nominal cost. **There will be a \$20 material fee for book and CD.**

Instructor: FVM Staff Age: 6-Adult
Fee: \$61 (+ material fee) Length: 4 wks
Location: Fountain Valley Music Min: 5 Max: 10

#3000.410 Th 9/19-10/10 4:30-5:15 p.m. (Age 6-9)
#3000.411 Sa 9/21-10/12 2:00-2:45 p.m. (Age 6-9)
#3000.412 Th 9/19-10/10 5:15-6:00 p.m. (Age 10-15)
#3000.413 Sa 9/21-10/12 2:45-3:30 p.m. (Age 10-15)
#3000.414 Th 9/19-10/10 6:00-6:45 p.m. (Age 16+)

GOT TO SING!

This is a fun vocal techniques class. All ages are taught proper breathing, posture, and technique. You will learn how to train your voice while learning to sing in a group. **There will be a \$20 material fee due to the instructor.**

Instructor: FVM Staff Age: 6-Adult
Fee: \$61 (+ material fee) Length: 4 wks
Location: Fountain Valley Music Min: 5 Max: 10

#3000.415 W 9/18-10/9 5:00-5:45 p.m. (Age 6-9)
#3000.416 W 9/18-10/9 5:45-6:30 p.m. (Age 10-15)
#3000.417 W 9/18-10/9 6:30-7:15 p.m. (Age 16+)



BEGINNING UKULELE

Play Ukulele and have fun! You will work on chords, sing, and learn songs. Perfect for the whole family. You will need to bring your own ukulele. **There will be a \$20 material fee due to the instructor.**

Instructor: FVM Staff Age: 9-Adult
 Fee: \$51 (+ material fee) Length: 8 wks
 Location: Fountain Valley Music Min: 5 Max: 10
 #3000.418 Sa 9/21-10/12 1:30-2:00 p.m.

FVMC MUSIC FUN

Introduce your children to the world of musical instruments. During the lessons we sing, clap, and actually play piano, keyboards, drums, ukulele and get to hear and touch trumpet, trombone, French horn, clarinet, flute, violin, cello, and saxophones. Come have fun with your child in this fun introduction to musical instruments. **There will be a \$20 material fee due to the instructor.**

Instructor: FVM Staff Age: 2-5 yrs
 Fee: \$31 (+ material fee) Length: 4 wks
 Location: Fountain Valley Music Min: 5 Max: 10
 #3000.419 W 9/18-10/9 9:15-9:45 a.m.

Special Interest**YOUNG CREATORS VIDEO GAME DESIGN**

Create interesting worlds, design an original and unique character, defeat opponents and set the high score in your own video game! Game design is introduced and students learn how to create game characters and levels and learn the programming required to complete a unique objective based video game experience. Students work with partners to develop their game and learn teamwork, creative thinking, and critical thinking skills.

Instructor: Freshi Media Staff Age: 7-12 yrs
 Fee: \$110 Length: 6 wks
 Location: WCSB Craft Room Min: 8 Max: 20
 #4000.401 Th 9/19-10/24 3:30-5:00 p.m.
 #4000.402 Th 11/7-12/12 3:30-5:00 p.m.

**TECH BUILDERS APP DESIGN**

NEW

The Freshi Media App Development Experience is a fun and exciting introduction for students to learn different aspects of App Design. Each class will introduce a new App concept where the students create their own graphics and then program those graphics into their own mobile app test project. Emphasizing on exposing students to basic concepts, students will get a taste of what it is like designing and developing mobile Apps.

Instructor: Freshi Media Staff Age: 9-13 yrs
 Fee: \$110 Length: 6 wks
 Location: WCSB Craft Room Min: 8 Max: 20
 #4000.403 F 9/20-10/25 3:30-5:00 p.m.
 #4000.404 F 11/8-12/13 3:30-5:00 p.m.



It All Begins With
 Lifestyle
 Exercise
 Attitude
 Nutrition

L.E.A.N. ESSENTIALS FAMILY HEALTH AND WELLNESS

NEW

This one day workshop is a fun, interactive and educational class designed for the busy family or individual looking for a brief introduction to health and wellness. The class will cover 8 key nutrition and exercise topics through hands-on activities, video, workbooks, and Q&A sessions. Participants will also take home several healthy recipes. A workbook will also be included.

Instructor: Rachel Kokosenski Age: 18+ yrs
 Fee: \$39 Length: 1 day
 Location: WCSB Craft Room Min: 4 Max: 40
 #4000.405 Sa 9/28/13 10:00 a.m.-12:00 p.m.

MEMOIR WRITING – LEVEL 1 & 2

This class is designed to teach the memoir writing process. Students will learn techniques on how to write a memoir using time approach, location, or event. The instructor will guide students in creating an interesting story that includes a great beginning and a big finish! Pictures can be included (optional). A memoir is a wonderful gift idea for family and friends—a living treasure!

Instructor: Brigitte Wolf Age: 18+ yrs
 Fee: \$35 Length: 4 wks
 Location: WCSB Craft Room Min: 4 Max: 40

#4000.406 Sa 9/14-10/5 3:00-3:30 p.m. (Level 1)
 #4000.407 M 9/9-9/30 3:00-4:00 p.m. (Level 2)

ONLINE DRIVER'S EDUCATION

Independence is just a click away. Complete your Driver's Education requirement from home, on your computer. This is an interactive online course with videos and animated driving scenarios. Learn the rules of the road, driver responsibility, DMV procedures and much more. Receive DMV-approved Certificate of Completion. A licensed instructor is available to answer any questions. Sign up any time – class is ongoing.

Instructor: Erika Vieyra Age: 15+ yrs
 Fee: \$49 Length: 24/7 daily access
 Location: Online

#4000.408 Su 9/1/13 Arranged after registering
 #4000.409 Tu 10/1/13 Arranged after registering
 #4000.410 F 11/1/13 Arranged after registering
 #4000.411 Su 12/1/13 Arranged after registering

You're On the Air! (How to Really Make it in Voice-Overs!)

Voice-Overs are hot today! In this class you'll learn about an exciting new way to get around the competition and actually turn voice-overs into a thriving business! Our instructor will discuss the voice-over business, the numerous opportunities and the incredible income potential. You'll step up to the mic to record and best of all, you'll hear the results!

Instructor: Such a Voice Instructor Age: 18+
 Fee: \$29 Length: 1 Day
 Location: Santa Ana College* Min: 4 Max: 40

#4000.412 M 10/7/13 7:00-9:00 p.m.

*Parking at Santa Ana College is \$2. Parking meters accept quarters or single dollar bills.

HORSE FUN FOR PRESCHOOLERS

Want to ride horses? Put on your boots! Learn how to halter, groom, lead and basic riding! No unregistered siblings! Parent participation required. There will be a \$20 material fee that includes stable fee, material handouts, carrots and arena time, due to the instructor.

Instructor: Cheryl Skidmore & Staff Age: 3 – 6 yrs
 Fee: \$65 (+ material fee) Length: 4 wks
 Location: Rancho Del Rio Stables Min: 3 Max: 15

#4000.413 Sa 9/21-10/12 1:00-2:00 p.m.
 #4000.414 Sa 10/19-11/9 1:00-2:00 p.m.



HORSE FUN FOR KIDS

Let's ride horses! We will teach you horsemanship, safety, haltering, leading, grooming and basic riding skills! No unregistered siblings! Bring a bike helmet, wear closed toed shoes! There will be a \$20 material fee which includes stable fee, material handouts, carrots and arena time, will due to the instructor.

Instructor: Cheryl Skidmore & Staff Age: 7 – 12 yrs
 Fee: \$65 (+ material fee) Length: 4 wks
 Location: Rancho Del Rio Stables Min: 3 Max: 15

#4000.415 Sa 9/21-10/12 2:00-3:00 p.m.
 #4000.416 Sa 10/19-11/9 2:00-3:00 p.m.

HORSE FUN FOR ADULTS

Pull on your boots! Buckle on your chaps! Let's ride horses! Basic horsemanship, haltering, leading, grooming and basic riding will be introduced! 225 lbs weight limit. There will be a \$20 material fee due to the instructor at the first class which includes stable payment, carrots, material handouts etc.

Instructor: Cheryl Skidmore & Staff Age: 13+ yrs
 Fee: \$65 (+ material fee) Length: 4 wks
 Location: Rancho Del Rio Stables Min: 3 Max: 15

#4000.417 Sa 9/21-10/12 3:00-4:00 p.m.
 #4000.418 Sa 10/19-11/9 3:00-4:00 p.m.

FUN ON THE FARM

Songs, puppets, real farm animals and pony ride each week to help educate your preschooler! Parent participation is required. No unregistered siblings. There will be a \$20 material fee due to the instructor at the first class which includes stable payment, carrots, material handouts etc.

Instructor: Cheryl Skidmore & Staff Age: 18 mths-6 yrs
 Fee: \$65 (+ material fee) Length: 4 wks
 Location: Rancho Del Rio Stables Min: 5 Max: 15

#4000.419	F	9/20-10/11	10:00-11:00 a.m.
#4000.420	F	10/18-11/8	10:00-11:00 a.m.

BECOME SLENDER WITH HYPNOSIS

Slimming down with hypnosis is easy, safe and comfortable. No diet or deprivation is involved. Instead, use the natural ABILITY of your own mind to change the habits and behaviors that have led to weight problems, and create the SUCCESS and SATISFACTION that make you feel good about yourself and add quality to your life. An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional. For more information, visit www.hypnosishelp tapes.com

Instructor: Pamela J. Schmidt, M.S., C.C.H. Age: 18 + years
 Fee: \$50 (+ material fee) Length: 4 wks
 Location: WCSB Room A/B Min: 8 Max: 20

#4000.421	M	9/23-10/14	7:30-9:00 p.m.
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BECOME A NON-SMOKER WITH HYPNOSIS

For less than the cost of a carton of cigarettes, you can use the natural ABILITY of your own mind to claim your FREEDOM to be a nonsmoker. Save your breath-and your money. Hypnosis is one of the easiest and most comfortable ways to accomplish this SUCCESS. For all of the important reasons, sign up now. An accompanying CD is recommended and available in class for \$13. Pillow/blanket/mat optional. For more information, visit www.hypnosishelp tapes.com

Instructor: Pamela J. Schmidt, M.S., C.C.H. Age: 18 + years
 Fee: \$28 (+ material fee) Length: 2 wks
 Location: WCSB Room A/B Min: 8 Max: 20

#4000.422	M	10/28-11/4	7:30-9:00 p.m.
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FRISBEE DOGS! CATCH THE FUN!

In this one-day workshop, your dog can start learning the fun sport of Toss-n-fetch from an avid Dog-Disc competitor, David Procida. The class includes instruction on proper Frisbee throwing techniques, safety, and an introduction to some stunts, including spins and weaving through legs. **Please pre-register, and bring vaccination records, and a \$5 material fee (includes a Frisbee).**

Instructor: David Procida Age: 10+ yrs (Handlers)
 Hacienda Hills Dog Obedience Club 6 months+ (Dogs)
 Fee: \$27 (+material fee) 4 months+ (Large breeds)
 Location: Fountain Valley Recreation Center
 Length: 1 day Min: 8 Max: 25
 #4000.423 Su 10/13/13 12:00-1:30 p.m.

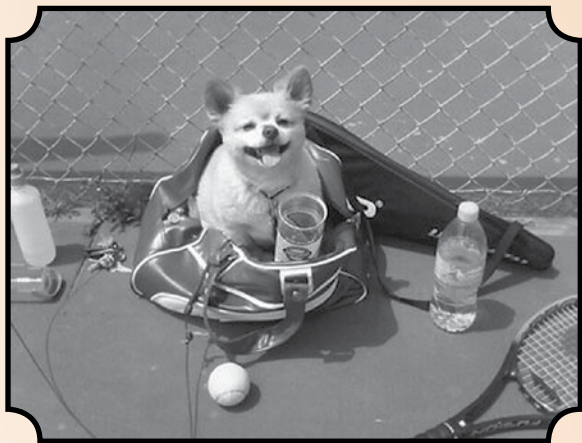


DOG OBEDIENCE TRAINING

Give your dog a new leash on life! This beginner-level course is open to all breeds of dogs over 5 months (larger breeds accepted at 4 months). Exercises will include the proper heel command, automatic sit, sit-stay and down-stay, stand for inspection, and come commands. Behavior problems such as destructive chewing, hole digging, and over-exuberance will also be addressed. Trophies and certificates will be awarded at graduation. The first meeting will be an orientation, held inside, WITHOUT DOGS. All other meetings with dogs will be on the grass area adjacent to the Senior Center. **Please bring vaccination records and \$10 materials fee to first meeting.**

Instructor: Khara Knight Age: 10+ yrs (Handlers)
 Hacienda Hills Dog Obedience Club 6 months+ (Dogs)
 Fee: \$86 (+material fee) 4 months+ (Large breeds)
 Location: H. Louis Lake Senior Center Length: 7 wks
 11300 Stanford (between 9th & Euclid Min: 8 Max: 25
 in Garden Grove

#4000.424	Sa	9/28-11/9	9:00-10:00 a.m.
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DOG MANNERS "CRASH COURSE"

How are you and your dog getting along? What about your dog and your neighbors? Accomplish your dog training goals and get behavior problems under control in just 4 weeks! Basic obedience commands and help with correcting various bad habits will be included. For dogs 4 months and older with current vaccinations. Dogs attend all meetings. Please pre-register so we may brief you prior to first class. \$5 insurance fee payable to instructor at first lesson.

Instructor: Khara Knight Age: 10+ yrs (Handlers)
Hacienda Hills Dog Obedience Club 6 months+ (Dogs)
Fee: \$74 (+material fee) 4 months+ (Large breeds)
Location: Bolsa Chica Park Length: 4 wks
Min: 6 Max: 20

#4000.425 Tu 10/8-10/29 7:00-8:15 p.m.

CPR FOR ADULTS, INFANTS, AND CHILDREN

This class is designed to teach both the average person and professional how to initially respond to cardiac or respiratory arrest. Learn simple rescue CPR for adults, children and infants, as well as, foreign object removal techniques for airways. You will receive your certification upon completion of the class. A \$20 material fee is payable to the instructor at class.

Instructor: Jack Griswold Age: 12+ yrs
Fee: \$10 (+ material fee) Length: 1 day
Location: WCSB Room A/B Min: 8 Max: 20

#4000.426	Th	9/5/13	6:00-10:00 p.m.
#4000.427	Sa	10/12/13	8:00 a.m.-12:00 p.m.
#4000.428	Th	10/24/13	6:00-10:00 p.m.
#4000.429	Sa	11/16/13	8:00 a.m.-12:00 p.m.
#4000.430	Th	12/5/13	6:00-10:00 p.m.

FIRST AID

Learn to respond to and assess an injury or illness. Topics covered include vital signs, bleeding, heat and cold emergencies, strokes, and seizures. You will receive a state and nationally recognized EMS first aid card and certification. A \$20 material fee is payable to the instructor at class.

Instructor: Jack Griswold Age: 12+ yrs
Fee: \$10 (+ material fee) Length: 1 day
Location: WCSB Room A/B Min: 8 Max: 20

#4000.431	Sa	10/12/13	12:00-2:00 p.m.
#4000.432	Sa	11/16/13	12:00-2:00 p.m.



CPR FOR ADULTS AND CHILDREN (For the Vietnamese Speaker)

This CPR training class is for the Vietnamese speaker and will teach you the basic ways to respond to an unconscious person in an emergency situation while waiting for the ambulance to arrive. By doing CPR, you will be helping to circulate the blood and oxygen of that unconscious person. You will also learn how to be calm and to be confident in what to do in the critical moment of saving a life. After completing the class, the participants will receive their American Red Cross (ARC) or American Heart Association (AHA) pocket certificate card which will be valid for 2 years. There will be a \$20 material fee due to the instructor at class.

Instructor: Steve Pham Age: 18+ yrs
Fee: \$15 (+ material fee) Length: 1 day
Location: WCSB Room A/B Min: 6 Max: 33

#4000.433	Su	9/29/13	11:00 a.m.-4:00 p.m.
#4000.434	Sa	10/19/13	10:00 a.m.-3:00 p.m.
#4000.435	Su	11/17/13	11:00 a.m.-4:00 p.m.

Sports & Fitness

INTRODUCTION TO
FENCING

NEW

Learn the Olympic sport of fencing. A brief history of the sport is followed by an explanation of the rules. Students learn how to move, attack and defend themselves with fencing gear. Emphasis is placed on developing balance, coordination, stamina and quick decision making. Classes are hands-on and highly interactive. All equipment will be provided by the Center at no extra cost: swords, masks, jackets, pants and gloves. **The USFA requires a one-time \$5 membership fee, which covers you until July 2014, to be paid directly to the USFA.** Students will be provided with a form which will be faxed to the US Fencing Association at class. Classes meet 2 times per week for 1 month at a time. Pick any two days out of Monday, Wednesday, Friday, and Saturday.

Instructor: Jaime Wood

Age: 7-Adult

Fee: \$154

Length: 1 month

Location: South Coast Fencing Center Min: 2 Max: 10

Introduction to Fencing Age 7-13:

#5000.401 M,W,F,Sa* 9/9-10/9 6:30-7:30 p.m. (M,W,F)
11:00 a.m.-12:00 p.m. (Sa)

#5000.402 M,W,F,Sa* 10/9-11/9 6:30-7:30 p.m. (M,W,F)
11:00 a.m.-12:00 p.m. (Sa)

#5000.403 M,W,F,Sa* 11/9-12/9 6:30-7:30 p.m. (M,W,F)
11:00 a.m.-12:00 p.m. (Sa)

Introduction to Fencing Age 14-Adult:

#5000.404 M,W,F,Sa* 9/9-10/9 7:30-8:30 p.m. (M,W,F)
12:00-1:00 p.m. (Sa)

#5000.405 M,W,F,Sa* 10/9-11/9 7:30-8:30 p.m. (M,W,F)
12:00-1:00 p.m. (Sa)

#5000.406 M,W,F,Sa* 11/9-12/9 7:30-8:30 p.m. (M,W,F)
12:00-1:00 p.m. (Sa)

*Pick any two days out of Monday, Wednesday, Friday, and Saturday.

KIDZ
LOVE
SOCCER

MOMMY/DADDY & ME SOCCER

Introduce yourself and your toddler to the "World's Most Popular Game"! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, parents are part of the action, not watching from the sidelines!

Instructor: Kidz Love Soccer

Age: 2-3 ½ yrs

Fee: \$89

Length: 8 wks

Location: Fountain Valley
Recreation Center (Field)

Min: 1 Max: 10

#5000.407 M 9/16-11/4 5:10-5:40 p.m.

TOT SOCCER

Little tykes will enjoy running and kicking just like the big kids! Encourages large motor skills development through fun soccer games and introduces small children to the group setting. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer

Age: 3 ½ -4 yrs

Fee: \$89

Length: 8 wks

Location: Fountain Valley
Recreation Center (Field)

Min: 1 Max: 10

#5000.408 M 9/16-11/4 5:50-6:20 p.m.

PRE SOCCER

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. Shin guards are required after the first meeting.

Instructor: Kidz Love Soccer

Age: 4-5 yrs

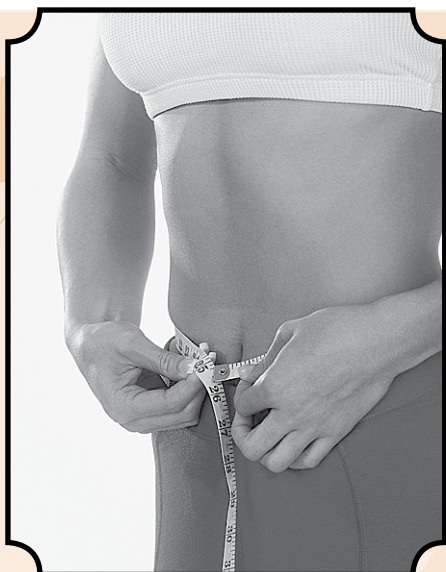
Fee: \$89

Length: 8 wks

Location: Fountain Valley
Recreation Center (Field)

Min: 1 Max: 10

#5000.409 M 9/16-11/4 6:20-6:55 p.m.



FAT BURNER

NEW

In one jam packed hour, we will do fat burning cardio, multi-layered resistance for sleek toned muscles, and we WILL melt away extra body and stomach fat. Have fun and look great! Work for the body you've always wanted.

Instructor: Athina Rosario

Age: 13+ yrs

Fee: \$49

Length: 6 wks

Location: Miriam Warne
Community Room

Min: 5 Max: 30

#5000.410 W 9/11-10/16 8:15-9:30 a.m.

#5000.411 W 10/23-12/4* 8:15-9:30 a.m.

*No class on 11/27.

YOGA FOR HEALTH

Work out your stress, develop more balance, and find relief doing Yoga Vinyasa. Yoga is a great form of exercise in that it helps you relax, stretches your muscles, aids in gaining or maintaining balance, helps with flexibility, and is an overall strengthening and relaxing activity. See for yourself why yoga is so helpful for a life of well-being. There will be no class on 11/12, 11/28, and 12/5.

Instructor: Athina Rosario

Age: 13+ yrs

Fee: \$42/5 wks

Length: 5 or 6 wks

\$49/6 wks

Location: Miriam Warne
Community Room

Min: 5 Max: 30

#5000.412 Tu 9/10-10/15 8:15-9:25 a.m. (6 wks)

#5000.413 Th 9/12-10/17 8:15-9:25 a.m. (6 wks)

#5000.414 Tu 10/22-12/3* 8:15-9:25 a.m. (6 wks)

#5000.415 Th 10/24-11/21* 8:15-9:25 a.m. (5 wks)

*No class on 11/12, 11/28, and 12/5.



YOGALATIES

Experience the benefits of both Yoga and Pilates! Lose belly fat and strengthen your core. Through Yoga you will stretch, work on strength, and gain flexibility. Through Pilates you will lose excess fat, especially around your stomach and strengthen your core.

Instructor: Athina Rosario

Age: 13+ yrs

Fee: \$42/5 wks

Length: 5 or 6 wks

\$49/6 wks

Location: Miriam Warne
Community Room

Min: 5 Max: 30

#5000.416 Tu 9/10-10/15 9:30-10:25 a.m. (6 wks)

#5000.417 Th 9/12-10/17 9:30-10:25 a.m. (6 wks)

#5000.418 Tu 10/22-12/3* 9:30-10:25 a.m. (6 wks)

#5000.419 Th 10/24-11/21* 9:30-10:25 a.m. (5 wks)

*No class on 11/12, 11/28, and 12/5.

TAI CHI CHUAN FOR HEALTH

There are great benefits in doing tai chi, including feeling more rested, having more energy, and gaining balance. Tai Chi Chuan is a therapeutic and easier form of 26 moves that can be done sitting or standing.

Instructor: Athina Rosario

Age: 13+ yrs

Fee: \$49/6 wks

Length: 6 or 5 wks

\$42/5 wks

Location: Miriam Warne
Community Room

Min: 5 Max: 30

#5000.420 Tu 9/10-10/15 10:30-11:15 a.m. (6 wks)

#5000.421 Th 9/12-10/17 10:30-11:15 a.m. (6 wks)

#5000.422 Tu 10/22-12/3* 10:30-11:15 a.m. (6 wks)

#5000.423 Th 10/24-11/21* 10:30-11:15 a.m. (5 wks)

*No class on 11/12, 11/28 and 12/5.

PARENT & ME ICE SKATING

What a great opportunity to bond with your child as you both learn to skate in a fun and relaxed atmosphere. One parent and one child per class. Includes skate rental, 30-minute lesson, free practice on the day of class (3:10-4:40 p.m. for Tuesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Age: 3-5 yrs
 Fee: \$37 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 8

#5000.424	Tu	9/17-10/8	4:10-4:40 p.m.
#5000.425	Sa	9/21-10/12	11:15-11:45 a.m.
#5000.426	Tu	10/22-11/12	4:10-4:40 p.m.
#5000.427	Sa	10/26-11/16	11:15-11:45 a.m.



ICE SKATING FOR TOTS

Beginning ice skating made fun and easy. Your skater will have a smile on their face when he/she learns how to march, glide, hop and wiggle backwards on the ice. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Age: 3-5 yrs
 Fee: \$37 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 8

#5000.428	W	9/18-10/9	5:10-5:40 p.m.
#5000.429	Sa	9/21-10/12	10:45-11:15 a.m.
#5000.430	W	10/23-11/13	5:10-5:40 p.m.
#5000.431	Sa	10/26-11/16	10:45-11:15 a.m.

BEGINNING ICE SKATING

Enjoy the Winter Olympics' most beautiful sport-Figure Skating. Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (3:00-4:30 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Age: 6-16 yrs
 Fee: \$37 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 12

#5000.432	W	9/18-10/9	4:30-5:00 p.m.
#5000.433	Sa	9/21-10/12	11:15-11:45 a.m.
#5000.434	W	10/23-11/13	4:30-5:00 p.m.
#5000.435	Sa	10/26-11/16	11:15-11:45 a.m.

BEGINNING ICE SKATING FOR ADULTS

Learn to skate across the ice forward and backward, stop, hop, spin, and more! Includes skate rental, 30-minute lesson, free practice on day of class (6:40-7:10 p.m.) and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Age: 17+ yrs
 Fee: \$37 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 12

#5000.436	W	9/18-10/9	6:10-6:40 p.m.
#5000.437	W	10/23-11/13	6:10-6:40 p.m.

ICE HOCKEY SKATING SKILLS

Want to play hockey but don't know where to start? Learn basic skating skills necessary for hockey including forward and backward skating, stopping, and turning. Pucks and sticks are not used during this class. Includes skate rental, 30-minute lesson, free practice on day of class (3:00-5:00 p.m. for Wednesday class and 12:00-2:00 p.m. for Saturday class), and three additional skating passes to be used during the 4-week session. Please arrive 15 minutes early to the 1st class and dress warm.

Instructor: Westminster Ice Arena Staff Age: 6-16 yrs
 Fee: \$37 Length: 4 wks
 Location: Westminster ICE Min: 1 Max: 12

#5000.438	W	9/18-10/9	6:10-6:40 p.m.
#5000.439	Sa	9/21-10/12	10:45-11:15 a.m.
#5000.440	W	10/23-11/13	6:10-6:40 p.m.
#5000.441	Sa	10/26-11/16	10:45-11:15 a.m.

GYMNASTICS – BEGINNING COED

Our Beginning Gymnastics program promotes physical, emotional, and social confidence as well as heightened motor development. Gymnastics skills, flexibility and strength are taught via a variety of fun activities using our various equipment including mats, low beam, foam pit, mini bars, tumble-trak and trampoline.

Instructor: New Hope Gymnastics Staff Age: 3-6 yrs
 Fee: \$115 Length: 8 wks
 Location: New Hope Gymnastics Academy Min: 4 Max: 8

#5000.442	M	9/16-11/4	9:30-10:30 a.m.
#5000.443	Tu	9/17-11/5	6:30-7:30 p.m.
#5000.444	Sa	9/21-11/9	8:30-9:30 a.m.

GYMNASTICS – PARENT & ME

Parents are coaches too! Enjoy participating in your child's motor development and bond while having fun. Activities include balance and basic tumbling development, flexibility and strength skills using our various mats and equipment including low beam, foam pit, mini bars, tumble-trak and a trampoline.

Instructor: New Hope Gymnastics Staff Age: 1.5-3 yrs
 Fee: \$115 Length: 8 wks
 Location: New Hope Gymnastics Academy Min: 4 Max: 10

#5000.445	M	9/16-11/4	11:30 a.m.-12:30 p.m.
#5000.446	Tu	9/17-11/5	5:30-6:30 p.m.
#5000.447	Sa	9/21-11/9	11:30 a.m.-12:30 p.m.

GYMNASTICS – TOT PLAYTIME

Enjoy an hour of non-instructed fun – bouncing, balancing, rolling, laughing and bonding with your child. Our safe, stimulating facility provides for consistent playtime regardless of weather. A helpful coach and all equipment are available for your enjoyment including a foam pit and trampolines.

Instructor: New Hope Gymnastics Staff Age: 1.5-6 yrs
 Fee: \$55 Length: 8 wks
 Location: New Hope Gymnastics Academy Min: 4 Max: 12

#5000.448	M	9/16-11/4	9:30-10:30 a.m.
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GYMNASTICS – INTRO FOR BOYS

Gymnastics is a FUN gateway to heighten motor development and increase physical, emotional, and social confidence. Basic gymnastics skills - flexibility and strength, taught using our state of the art equipment including bars, pommel, rings, mushrooms, foam pit and trampolines - can lead to higher level training or translate to other sports.

Instructor: New Hope Gymnastics Staff Age: 5-12 yrs
 Fee: \$165 Length: 8 wks
 Location: New Hope Gymnastics Academy Min: 4 Max: 8

#5000.449	M	9/16-11/4	5:00-6:30 p.m.
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GYMNASTICS – INTRO FOR GIRLS

Gymnastics is a FUN gateway to heighten motor development and increase physical, emotional, and social confidence. Basic gymnastics skills - flexibility and strength, taught using our state of the art equipment including bars, pommel, rings, mushrooms, foam pit and trampolines - can lead to higher level training or translate to other sports. If signups are less than class minimum, the Saturday 10:30 a.m. class will be combined into the Saturday 12:00 p.m. class.

Instructor: New Hope Gymnastics Staff Age: 5-12 yrs
 Fee: \$165 Length: 8 wks
 Location: New Hope Gymnastics Academy Min: 4 Max: 8

#5000.450	F	9/20-11/8	3:30-5:00 p.m.
#5000.451	F	9/20-11/8	5:00-6:30 p.m.
#5000.452	Sa	9/21-11/9	10:30 a.m.-12:00 p.m.
#5000.453	Sa	9/21-11/9	12:00-1:30 p.m.

GYMNASTICS – INTRO TO PARKOUR

Parkour – street gymnastics – is an EXCITING, FUN gateway to heighten motor development and increase physical, emotional, and social confidence. “Free-running” skills (flipping, tumbling, and vaulting) are taught in our state of the art facility using obstacle courses. Strength and flexibility lead to overall fitness and translate well to other sports.

Instructor: New Hope Gymnastics Staff Age: 7-14 yrs
 Fee: \$115 Length: 8 wks
 Location: New Hope Gymnastics Academy Min: 4 Max: 8
 #5000.454 W 9/18-11/6 7:00-8:00 p.m.

LITTLE STARS TAEKWONDO

Taekwondo will teach your little stars characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. There will be a \$20 material fee due to the instructor for uniform.

Instructor: Sungho Park Age: 4-6 yrs
 Fee: \$99 (+material fee) Length: 9 wks
 Location: Fivestar Taekwondo School Min: 1 Max: 10
 #5000.455 M,W 9/9-11/6 6:00-6:40 p.m.
 #5000.456 Tu,Th 9/10-11/7 6:40-7:20 p.m.



TAEKWONDO FOR KIDS

Taekwondo will teach kids characteristics that enforce honor, integrity, self-control, goals, courtesy, loyalty and assertiveness training. Students will also learn basic kicking techniques, basic punches, blocks, basic self-defense and form training. There will be a \$20 material fee due to the instructor for uniform.

Instructor: Sungho Park Age: 7-12 yrs
 Fee: \$99 (+material fee) Length: 9 wks
 Location: Fivestar Taekwondo School Min: 1 Max: 10
 #5000.457 M,W 9/9-11/6 6:40-7:20 p.m.
 #5000.458 Tu,Th 9/10-11/7 6:00-6:40 p.m.

SHORINJI KEMPO MARTIAL ARTS for Adults

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at yukiko.rastogi2@verizon.net or call 714-585-2162 or 949-510-1569. We are an official Non-Profit Organization (27-3455471) for the betterment of our community.

Instructor: Mike Hagiwara
 and Pankaj Rastogi Age: 13+ yrs
 Fee: \$35 Length: 4 wks
 Location: Carden Conservatory Min: 1 Max: 35
 #5000.459 M,Th 9/5-12/5 7:30-9:00 p.m.



SHORINJI KEMPO MARTIAL ARTS for Kids and Teens

Shorinji Kempo is a martial art that teaches people to be peaceful, improve their minds, promote good health and is a means of protecting oneself. Rather than always focusing on physical strength, Shorinji Kempo also improves the character of the person through the study of: Japanese language, punches, kicks, escapes, and philosophy. For questions about the class, feel free to e-mail the instructor at yukiko.rastogi2@verizon.net or call 714-585-2162 or 949-510-1569. We are an official Non-Profit Organization (27-3455471) for the betterment of our community.

Instructor: Mike Hagiwara
 and Pankaj Rastogi Age: 5-13 yrs
 Fee: \$35 Length: 4 wks
 Location: Carden Conservatory Min: 1 Max: 35
 #5000.460 M,Th 9/5-12/5 6:30-7:30 p.m.



KIDDIE KARATE

Learn basic techniques and principles emphasizing the three "C's": coordination, confidence, and concentration. Wear loose clothing. Parents should remain outside classroom.

Instructor: Gary Pitts Age: 3-6 yrs
 Fee: \$32 Length: 4 wks
 Location: WCSB E/W Room Min: 5 Max: 28

#5000.461	Th	10/3-10/24	5:00-5:30 p.m.
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BEGINNING/ADVANCED KARATE

Continue to learn the art of self-defense. Improve coordination, confidence, respect, discipline, and sportsmanship. Progress from beginner to Black Belt under Masters 2000 Hall of Fame Inductee Gary Pitts in the Japan Federation Style, "Shito-Ryu". Parents should remain outside classroom.

Instructor: Gary Pitts Age: 7+ yrs
 Fee: \$35 Length: 4 wks
 Location: WCSB E/W Room Min: 5 Max: 28

#5000.462	Th	10/3-10/24	5:30-6:00 p.m.
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JUDO~ JUST FOR KIDS

An introductory class that focuses on the way of Judo by building the child's skills physically, mentally, and spiritually. This pertains to tumbling and falling drills, basic judo techniques and terminology, and learning self discipline. Included in the techniques are Judo throwing and controlling techniques.

Instructor: Tu Nguyen Age: 5-12 yrs
 Fee: \$85 Length: 4 wks
 Location: WCSB Room A/B Min: 3 Max: 15

#5000.463	Tu,W,F	9/17-10/11	6:00-7:30 p.m.
#5000.464	Tu,W,F	10/15-11/8	6:00-7:30 p.m.
#5000.465	Tu,W,F	11/12-12/10*	6:00-7:30 p.m.

*No class on 11/29.

COMPETITIVE JUDO~ BIG KIDS & ADULTS

This class is designed for all levels to learn the competitive aspects of Judo. This class focuses on training for a competition and the self defense aspects of Judo. Learn how to lose weight, increase your strength, quickness, coordination and flexibility while learning one of Japan's most prominent martial art! This class includes Judo throwing (tachi waza), choking (shime waza), and joint manipulation (kansetsu waza) techniques.

Instructor: Tu Nguyen Age: 13+ yrs
 Fee: \$85 Length: 4 wks
 Location: WCSB Room A/B Min: 3 Max: 15

#5000.466	Tu,W,F	9/17-10/11	7:30-9:00 p.m.
#5000.467	Tu,W,F	10/15-11/8	7:30-9:00 p.m.
#5000.468	Tu,W,F	11/12-12/10*	7:30-9:00 p.m.

No class on 11/29.



WESTMINSTER JUDO STARS!

This past Summer, our Judo students went to the annual Judo Junior Olympics in Irving, Texas. We had four students compete. Out of the four, we took home two bronzes and two golds! Way to go!

Tennis

TINYTOT TENNIS

Introduce your little one to a great sport taught by Becky Recavarren, a member of the United States Professional Tennis Association. Her half hour class focuses on general motor skills development. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA Age: 4-6 yrs
 Fee: \$35 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.401	Tu	9/10-10/8	4:00-4:30 p.m.
#6000.402	W	9/11-10/9	4:00-4:30 p.m.
#6000.403	Th	9/12-10/10	3:30-4:00 p.m.
#6000.404	Tu	10/22-11/19	4:00-4:30 p.m.
#6000.405	W	10/23-11/20	4:00-4:30 p.m.
#6000.406	Th	10/24-11/21	3:30-4:00 p.m.

BEGINNING JUNIORS

Taught by Becky Recavarren, a member of the United States Professional Tennis Association, your junior tennis star will learn the basics while at the same time develop a lifetime enjoyment for the sport. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA Age: 7-15 yrs
 Fee: \$55 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.407	Tu	9/10-10/8	4:30-5:30 p.m.
#6000.408	W	9/11-10/9	4:30-5:30 p.m.
#6000.409	Sa	9/14-10/12	8:00-9:00 a.m.
#6000.410	Tu	10/22-11/19	4:30-5:30 p.m.
#6000.411	W	10/23-11/20	4:30-5:30 p.m.
#6000.412	Sa	10/26-11/23	8:00-9:00 a.m.

INTERMEDIATE/ADVANCED JUNIORS

Becky Recavarren, a member of the United States Professional Tennis Association, will guide your developing junior tennis player through this course which covers more advanced strokes and scoring, including drills and actual playing. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA Age: 7-15 yrs
 Fee: \$55 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.413	Tu	9/10-10/8	5:30-6:30 p.m.
#6000.414	W	9/11-10/9	5:30-6:30 p.m.
#6000.415	Tu	10/22-11/19	5:30-6:30 p.m.
#6000.416	W	10/23-11/20	5:30-6:30 p.m.

BEGINNING/INTERMEDIATE ADULTS

Becky Recavarren has the skills needed to help you begin or resume your adult tennis interest. This course covers strokes and scoring, including drills, serving, forehand, backhand, and volleys. A racquet and one unopened can of tennis balls are required.

Instructor: Becky Recavarren, USPTA Age: 16 yrs to Adult
 Fee: \$55 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.417	Tu	9/10-10/8	6:30-7:30 p.m.
#6000.418	Sa	9/14-10/12	9:00-10:00 a.m.
#6000.419	Tu	10/22-11/19	6:30-7:30 p.m.
#6000.420	Sa	10/26-11/23	9:00-10:00 a.m.

INTERMEDIATE/ADVANCED JR. TOURNAMENT PLAY

Instructor permission required for this class. Juniors will play match-play specific games, along with playing matches.

Instructor: Becky Recavarren, USPTA Age: 10-16 yrs
 Fee: \$55 Length: 5 wks
 Location: Park West Park Min: 6 Max: 15

#6000.421*	Th	9/12-10/10	4:00-5:15 p.m.
#6000.422*	Th	10/24-11/21	4:00-5:15 p.m.

*Instructor Permission Only.



WESTMINSTER TENNIS STARS

(Left to Right) Ian Renteros, Ethan Nguyen, Noah Lozano, and Nathan Nguyen all played in their first tournaments this past year! These are Westminster's future tennis stars!

VISUAL, PERFORMING, & CULTURAL ARTS

BLAKEY HISTORICAL PARK & MUSEUM - Call Joy L. Neugebauer at (714) 891-2597. Blakey Park is located at 8612 Westminster Blvd., just east of Newland Street. The museum and park feature a variety of displays depicting the everyday life of persons living here during the late 19th and early 20th centuries. The Westminster Historical Society operates the park, with museum hours on the first Sunday afternoon of the month from 1:00 to 4:00 p.m. For guided tours, special arrangements can be made to accommodate your group. Students of all ages are welcome to do research at the Museum. If you would like to become a member and help preserve our common heritage for future generations, drop by the Museum or call the number listed above.

LAS TAPATIAS FOLKLORIC DANCERS - Call Julia Martinez at (714) 893-2784. Audiences enjoy Las Tapatias' colorful costumes and spirited Mexican dances. All ages participate. Children begin dancing at an early age, but adult performers are also welcome. Las Tapatias rehearses at the Westminster Community Services & Recreation Building, Craft Room on Wednesdays at 7:00 p.m. Call to join the group, attend a performance, or to schedule them to entertain for your event.

VIETNAMESE CULTURAL PROGRAMS - Call Professor Chau Van Nguyen, Program Director, at (714) 531-4907, or (714) 240-0475 (cell). Traditional Vietnamese music, song and dance are performed by multi-talented Vietnamese artists. Musicians who perform on traditional instruments, such as the monostring, two-string fiddle, bamboo flute, and other instruments, are available to entertain along with the colorful drum dancers, dragon dancers, youth, and adult choirs.

WESTMINSTER CHORALE - Call Rainy Smyth at (818) 720-4686. The Chorale performs a variety of music that includes patriotic, show tunes, religious, country western, jazz, and operettas. Rehearsals are held weekly on Mondays at 7:00 p.m. in the Senior Center dining room, Civic Center, 8200 Westminster Blvd. Call to find out how you can book this dynamic chorale for your event or ask about performance dates.

WESTMINSTER COMMUNITY THEATER - Call (714) 893-8626. The theater is located at 7272 Maple Street. WCT has been entertaining local audiences with live theater for over 30 years. Productions feature fine family entertainment with comedies, musicals, and plays each season. Phone Rhonda for tickets or current show information.

NICHOLSON PIPES & DRUMS - Call Malcolm Willis at (714) 891-9445. This award-winning Scottish bagpipe band marches in parades, plays at a variety of special events, holds annual concerts, takes part in regional and national competitions, and is available for bookings at any private party or public event. New musicians are welcomed into the group and quickly become part of this fantastic band. Just call Malcolm for current information on bookings, rehearsals, lessons, and performances.

ORANGE COUNTY CHILDREN'S THEATER - Call (714) 502-2244. This group of talented young actors, singers, dancers, and their parents has been active in the Southland area for more than 20 years. This theater organization is for children, by children, and is open to all young people ages 5 through 18. Parent involvement is required. Call now to get on their mailing list so you will not miss productions or auditions.

ORANGE COUNTY ROSE SOCIETY - Call Tom Cooney at (949) 362-2710 or visit our website at www.orange-countyrs.org. Join this group of rose lovers and increase your knowledge of growing roses in your garden. The Orange County Rose Society (OCRS) is a group of people who grow and enjoy roses and is dedicated to fostering the enjoyment, enhancement, and education of the rose. OCRS is affiliated with the American Rose Society. OCRS holds monthly meetings on the first Thursday of each month, except for July and August. Monthly meetings include educational presentations on the care of roses. You'll also have access to have your questions answered by American Rose Society certified Consulting Rosarians.



FRIENDS OF THE ROSE CENTER THEATER - The Friends of the Rose Center Theater is a non-profit organization that administratively operates the beautiful, new, 419 seat Rose Center Theater located within the Westminster Rose Center at 14140 All American Way. State-of-the-art performances are held in the theater throughout the year. To contact the Rose Center for information please call Council Member Margie L. Rice at: 714-548-3183 or 714-893-1732. For event and ticket information, please call the theater Box Office at 714-793-1150. www.rosecentertheater.com

Westminster Senior Center

The Westminster Senior Center is a focal point for seniors, offering an array of services and activities. Listed below are the types of services offered. If you desire additional information, please call the Senior Center at (714) 895-2878, Monday – Thursday, 7:30 a.m. – 5:30 p.m., and Fridays 7:30 a.m. – 4:30 p.m., and alternate Fridays 8:00 a.m. – 1:00 p.m.



The Westminster Senior Center offers a variety of services such as:

- Blood Pressure Testing
- Commodities Distribution
- Home Meals
- Information and Referrals
- Free Legal Services
- Westminster on Wheels (WOW) Nutrition & Shuttle Transportation
- Health Screening
- H.I.C.A.P (Health Insurance Counseling and Advocacy Program)

For more information on any of these services, please visit our website at www.westminster-ca.gov, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

SENIOR FITNESS

Join one of the following FREE weekly exercise classes, designed specifically for older adults.

Adapted Fitness	Monday	10:00 a.m.
Adapted Fitness	Wednesday	10:00 a.m.
Adapted Fitness	Monday & Wednesday	12:30 p.m.
Balance & Mobility	Monday & Wednesday	9:00 a.m.
Longevity Stick	Monday & Thursday	9:00 a.m.
Tai Chi*	Friday	8:30 a.m.

*This Tai Chi class has a small registration fee. Please call 714-895-2878 for more information.

Fee-Based Senior Fitness Classes

The Following classes are fee-based and require advanced registration through the Community Services and Recreation Department. Please call 714-895-2860 for registration information.

Intro to Dance Aerobics	Monday	1:30 p.m.
Dance Aerobics 2	Thursday	9:00 a.m.
Dance Aerobics 2/3	Thursday	3:00 p.m.
Dance Aerobics 3	Thursday	10:30 a.m.
Dance Aerobics 4	Tuesday & Thursday	12:45 p.m.
Stretch & Flex	Tuesday	9:30 a.m.
Low Impact Aerobics	Tuesday	10:45 a.m.

Adult Public Health Nursing Services (APHNS)

These short seminars are held on Wednesdays at 11:00 a.m. They are free & informative.

September 4	Emergency Preparedness
November 6	Skin Care
December 4	Holiday Blues

Diabetes Education and Support Group (APHNS)

Facilitated by Jane Herin, R.N., certified diabetes educator. The group meets the 3rd Wednesday of each month from 10:00 a.m.-11:30 a.m. Everyone is welcome to attend. Current topics to be discussed are:

September 18	Emergency Preparedness
October 16	Medication Safety
November 20	Eye Problems
December 18	Monitoring of Diabetes

Living Healthy with an Ongoing Condition

In this 6 week series developed by Stanford University, you will learn tools to better manage a chronic condition, action planning, problem solving, decision making, communication, nutrition, exercise, and more! Classes are facilitated by Jane Herin, MSHS, BSN.

Mondays, September 23, 30, October 7, 21, 28, and November 4.

Programs and Classes

DAILY DINING

Try our hot meals offered Monday through Friday in our Senior Center Dining Room. If you are 60 years or older (or married to someone who is), the suggested donation is only \$3.00 for the hot lunch. No reservation is necessary, but come early to assure a place! Serving time is 11:45 a.m. Monday-Thursday, and 11:30 a.m. on Fridays. Pick up a "Senior Spotlight" for only 50 cents at the Senior Center for the month's menu, which is also on the city's website.

SAFETY DRIVING PROGRAM

This AARP sponsored refresher course for drivers is taught by a trained instructor. Class meets for 8 hours over a 2-day period, from 8:30 a.m. to 12:30 p.m.. The fee is \$12 per person if you are a member of AARP and \$14 per person if you are not a member. Registration is required. Please make checks payable to AARP. Classes will be held on the following dates:

October 17 and 18

December 12 and 13

We Offer Many More Senior Programs & Classes Such As:

- Crocheting and Knitting
- Balance & Mobility
- Bridge Club
- Mah Jongg
- Longevity Stick
- Dinner Group
- Chess Club
- Sudoku

For more information on any of these programs, please visit our website at www.westminster-ca.gov, go to City Departments, Community Services, and click on Senior Services, or call the Senior Center at 714-895-2878.

WESTMINSTER SENIOR CENTER FOUNDATION

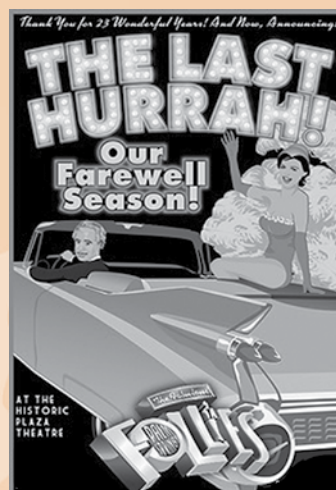
The Westminster Senior Center Foundation (WSCF) was incorporated in December 2002. The Foundation's mission is "To engage in charitable activities and to assist (both financially and otherwise) the Westminster Senior Center and its programs."

TRIPS AND EXCURSIONS

Call the Senior Center or stop by for specific trip details. Day trips and overnight trips are offered. Note: Prices on all excursions are approximate and may vary. Trips fill quickly. Sign up early at the Reception Desk to reserve your spot.

The following excursions are being planned for your enjoyment:

Viejas	September 18	\$15 p/p
Oktoberfest	September 26	\$10
Oak Glen	October 15	\$56 includes lunch
San Manuel Indian Casino	October 23	\$16 p/p
Fantasy Springs	November 14	\$30 p/p (\$20 in slot play)
Greek for a Day	November 20	\$65 includes lunch and a visit to Sophia's Cathedral
Laughlin Riverside	December 4-6	\$102 double \$122 single
Palm Springs Follies	December 12	\$81
Harrah's	January 14	\$15
Pala	February 20	\$19
Laughlin Riverside	March 16-18	\$102 Double \$122 Single



LIFE STORY WRITING

Ten week program to find practical ideas, inspiration and encouragement from both the thematic questions and fellow participants. A variety of activities will help you remember events and experiences, people and places, the struggles and success in your life. No writing experience is necessary for this program. For information, contact Nancy Sink at 714-724-1732. Sign up at the front desk.

VOLUNTEERS ARE NEEDED!

If you are interested in volunteering, please call Claire Hutchinson at (714)-895-2878.

Christmas Tree Recycling Program

The Midway City Sanitary District will pick up your Christmas Trees! Place the Christmas tree next to your trash containers on the day of your weekly service. Please visit the District's website at http://midwaycitysanitarydistrict.com/recycling/christmas_tree.htm or call (714) 893-3553 for calendar dates.



Radio Amateur Civil Emergency Service

RACES are Public-safety volunteers which are licensed Amateur Radio

Operators that are trained to assist local government during time of emergency and disaster or for routine events and activities. They are trained and certified to provide public-safety communications support

Westminster RACES are looking for licensed Ham Radio Operators to perform vital volunteer communications during Westminster Community Events and Disaster or Emergency Incidents.

If you are interested in becoming a member of the City of Westminster RACES, please contact RACES Radio Officer Chi Nguyen, KE6MVS (714) 869-1441, chinguyen@yahoo.com, or RACES Assistant Radio Officer Adam Valek, N6HVC (714) 892-5961, ancvalek@aol.com, for further information.



Water Customer Service

For water billing, charges, turn-on or turn-off services call (714) 894-3796.

For water main breaks, leaks, quality, or pressure problems call (714) 895-2876, 6:30 a.m. to 5 p.m.

After business hours water emergencies call the Westminster Police Department (714) 898-3315.

Water Conservation Ordinance

Water Conservation Ordinance No. 2449 adopted in May 2009 outlines the permanent water restrictions below.

- No outdoor watering between the hours:
9 a.m. – 5 p.m. October - May
8 a.m. – 6 p.m. June – September
- Water no longer than 15 minutes per irrigation station per day
- No excessive water run-off
- No washing down hard or paved surfaces
- Fix water leaks within 7 days
- Decorative water features must use re-circulating water
- When washing vehicles must use self-closing positive shut-off nozzle on garden hose
- Restaurants are required to serve water upon request only
- Hotels and motels are required to provide guests option to decline daily linen service
- Commercial car washes and laundries are required to use re-circulating water systems
- Restaurants are required to use water conserving pre-rinse spray valves

The Water Division is available to help you save water at home and at work. Call 714 548-3690 to schedule a water audit. Check out <http://www.mwdoc.com/services/conservation-resources> to get information about resources and the current rebates being offered.

Flower of the Season

Botanical Name:

Zauschneria californica 'Catalina'

Common Name:

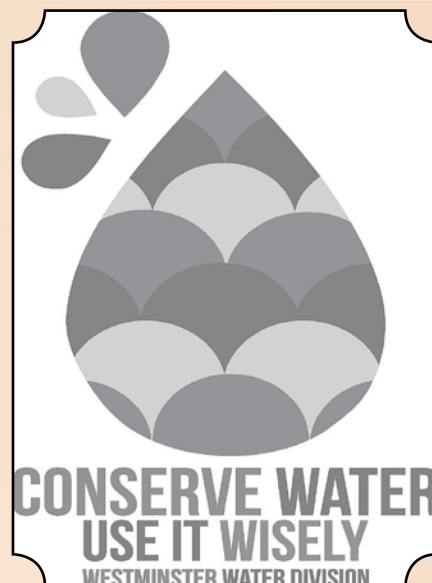
Catalina California Fuchsia

Description:

This California fuchsia is a fairly large upright flowering perennial. Very showy in late summer and fall when covered with 1-2 inch fuchsia flowers. But the primary reason to plant it is for the hummingbirds that park in mass in the garden when this California fuchsia is in flower. Catalina fuchsia will grow in full sun to part shade but it prefers good drainage with a little extra water. - Bert Wilson laspilitas.com • Information by Gardensoft

The Water Division has a new Logo!

With joint efforts from Westminster High school and the Water Division staff, students entered a logo design contest. Three finalists were chosen by Staff and recognized by Council. The new Water Logo will be used alongside the City logo in all conservation media. The logo will be the center piece in six bus shelter ads in various locations around the city. The artwork will also be used on the 30 foot banner that hangs over Westminster Blvd. near Olive street as well as on various conservation educational items given out at local community events!



California Friendly Landscape and Gardening Classes Online

Discover the latest ways to reduce water use in landscapes by taking free classes on line. Classes cover the basics of irrigation systems, watering and fertilizing, basic landscape design, and plant identification. To get started visit www.bewaterwise.com and click on the Classes tab.

Daily Water Saving Tips

Indoor

- Turn off your faucet while brushing your teeth or shaving (saves 6 – 12 gallons)
- Fix faucet leaks (saves 20 gallons)
- Wash only full loads in dishwasher and clothes washer (saves 15 – 30 gallons)
- Install a low flow showerhead and cut shower time by 2 minutes (saves 15 gallons)

Outdoor

- Try reducing outdoor watering times by one minute
- Use a pool cover for swimming pools to reduce evaporation (saves 30 gallons)
- Put a layer of mulch around trees and plants (saves 750 gallons per month)
- Set your lawn mower blades one notch higher (save 500 gallons per month)

Water Conservation Garden

Visit Westminster's Water Conservation Garden at 6312 California Ave. Over 20 species of drought tolerant plants, trees, and turf are on display. Local nurseries were used to provide plants and signs are posted to identify species and costs. Hard-scape materials were donated by local vendors and offer a beautiful alternative to turf.













It's easy and inexpensive to create a beautiful low-water use garden of your own!



Scan here for more information.



Halloween is a fun and spooky time of year for you and your little ones. Make trick-or-treating safe with a few easy Halloween safety tips.

-  **Never** trick-or-treat alone. Always go with a parent or another adult.
-  If children are going to a Halloween party at other's homes, have them look for exits and plan how they would get out in an emergency.
-  Buy only costumes, wigs, and props labeled flame resistant or flame retardant. If you are making your own costume, choose material that won't easily ignite if it comes in contact with heat or flame. **Stay away** from loose or long trailing fabric. If your child is wearing a mask, make sure the eye holes are large enough so they can see out.
-  Carry a lightweight flashlight or glow stick to help you see after dark.
-  Walk on sidewalks and driveways. Make sure to cross the street at the corner or in a crosswalk.
-  **Never** go into anyone's home without the permission of your parent or the adult you are with.
-  Only visit houses with their lights on.
-  **Never** eat or even taste candy until your parent or another adult has carefully inspected it.
-  Tell children to stay away from open flames. Remember to **STOP, DROP, COVER** your face, and **ROLL** if your costume or clothing catches fire.
-  Remember to keep exits clear of decorations, so nothing blocks escape routes.
-  Dried flowers, cornstalks, and crepe paper are highly flammable. Keep these and other decorations well away from all open flames and heat sources, including light bulbs and heaters.
-  Use flashlights as alternatives to candles or torch lights when decorating walkways and yards. They are much safer for trick-or-treaters, whose costumes may brush against the lighting.

DID YOU KNOW?



Decorations are the first thing to ignite in more than 1,000 reported home fire each year, throughout the United States.



Support your City

**Shop Local
Shop Westminster—
It makes Sense!**

Every time you shop in Westminster, one cent of every dollar you spend goes straight to your city's public services including your Police Department! Why spend your dollars anywhere else?



1. **Protect Local Character and Prosperity**—Westminster is unlike any other city in the world. By choosing to support locally owned businesses, you help maintain Westminster's diversity and authenticity.
2. **Community Well-Being**—Locally owned businesses build strong neighborhoods by sustaining communities, linking neighbors, and by contributing more to local causes.
3. **Local Decision Making**—Local ownership means that important decisions are made locally by people who live in the community and who will feel the impacts of those decisions.
4. **Keeping Dollars in the Local Economy**—Your dollars spent in locally-owned businesses have three times the impact on your community as dollars spent at national chains. When shopping locally, you simultaneously create jobs, fund more city services through sales tax, invest in neighborhood improvement and promote community development.
5. **Entrepreneurship**—Entrepreneurship fuels Westminster's economic innovation and prosperity, and serves as a key means to upward mobility. Locally owned businesses also create more jobs locally and, provide better wages.

Next time you buy a car, a television, or bag of groceries, make sure you do it in Westminster.



Bolsa Chica Park • 13660 University St. • Westminster, CA • 92683
<http://www.westminsternurseryschool.com> • 714-893-7979

CLASS PROGRAMS

Parent and Me – Child must be 2 yrs. By October 1st
 Thurs, 12:30 – 1:30pm

\$30 per month plus a one-time registration fee

2 Day Preschool – Child must be 3 yrs. By October 1st
 Tues/Thurs, 9am – 12noon

\$100 per month plus a one-time registration fee

3 Day Preschool – Child must be 4 yrs. By October 1st
 Mon/Wed/Fri, 9am – 12noon

\$140 per month plus a one-time registration fee

Bolsa Chica Park
 13660 University Street
 Westminster, CA 92683
 (714) 893-7979
www.westminsternurseryschool.com

This co-op preschool, which relies on parents to participate in operations and the classroom, offers age appropriate development and an excellent adult to child ratio of 1 to 5. In addition, the school curriculum is based on monthly themes and concepts, such as the seasons, holidays, colors, shapes, family and friends, science, and the senses.

Focus is on interactive learning through play with a variety of hands-on multi-sensory activities that encourage self-expression, friendship, respectfulness, and self-confidence.

SPONSORS ROCK!



Thank you to the following concert series sponsors for their generous donations.

- All American Asphalt
- Midway City Sanitary District
- Rainbow Environmental Services
- Soroptimist International of Westminster

Because of your donation the Summer Concerts Series was a huge success and enjoyed by many community members.

Holiday Home Decorating Display

Westminster's neighborhoods are full of beautifully decorated homes for the holiday season. Add your address to the list of festive homes adorned with personal touches of Christmas.

To add your home to the display list please submit by email a digital photo of your home and your address to csronline@westminster-ca.gov

Addresses will be listed on the website after December 11th for the community to enjoy at their leisure. You can start a new Holiday tradition with a drive around the city enjoying the best Christmas Displays in Westminster.

For more information call 714-895-2860
 or for a list of addresses visit our website at www.westminster-ca.gov

WhoDunIt? Mystery Dinner

Friday, October 4, 2013

Reception 5:30 pm ~ Dinner 6:30 pm
 Grand Garden Restaurant

Exhilarating, Spine-Tingling FUN!!
Reception • Dinner • MURDER!
 Interactive ~ Guests Solve the Crime

— Ticket Information 714.898.9648 —
 or email events@westminsterchamber.org

A Keith & Margo's Murder Mystery Dinner Theater Event



WESTMINSTER BRANCH LIBRARY



8180 13th Street, Westminister, CA 92683
(714) 893-5057

HOURS:

Monday through Thursday 10:00 a.m. to 9:00 p.m.

Friday and Saturday 10:00 a.m. to 5:00 p.m.

SUNDAY - Closed

The Westminister Branch Library offers many activities for Children, Teens, and Adults! Please see schedule below for more information:



Reading
Is
Soooooo
Delicious!

Children's Programs

Children can earn a free In N' Out hamburger just by reading! Join us during October and November for the In N' Out Food for Thought program; contact the library for specific dates. Children and parents are invited to come to our weekly storytimes! We host Preschool Storytime every Wednesday at 10:30 am, Toddler Storytime every Wednesday at 11:00 am, and Family Storytime every Saturday at 10:30 am. Storytimes give children and families an opportunity to enjoy stories, crafts, and activities as well as help your child develop a love of books and reading! Children ages 9-12 who love to read will love our Kids Book Club! Kids get to talk about the book they read together, and do activities. It is held the second Wednesday of the month at 3:30 pm; call the library for more information. Our monthly craft program is held on the second Thursday of the month at 3:30 pm.

Adult Programs

The Westminister Library is offering free Beginner's Computer Classes. The classes are designed for people with little to no computer experience. Please call or stop by the Information Desk to sign up. Don't forget to join our monthly Book Club for adults, held the third Tuesday of every month at 10:30am; contact the Library for the monthly selection. Be sure to check our online calendar at ocpl.org or call the library for more information about special programs



Teen Programs

Teen are invited to join our Teen Advisory Board, which meets the first Wednesday of the month at 4:00 pm. Teens can earn volunteer hours and make a difference at the Library by helping to make decisions about teen services offered at the library, upcoming programs, teen books, and more. Teens that are interested in earning volunteer hours by joining the VolunTEEN Program should pick up an application at the information desk. All programs are open to teens ages 12-18



www.westminister-ca.gov

Registration begins August 19

There are 3 easy ways to register for classes . . .

ON-LINE

On-line registration is just a click away...

Please visit
www.westminster-ca.gov

You will need to pay by credit card to register on-line.

MAIL-IN

Mail completed form & payment to:

Westminster Community Services
& Recreation Department
8200 Westminster Blvd.
Westminster, CA 92683

Make checks payable to:
City of Westminster

WALK-IN

Visit us...

Westminster Community
Services & Recreation
Department at 8200
Westminster Blvd.

7:30 a.m. – 5:30 p.m.
Monday – Thursday
7:30 a.m. – 4:30 p.m.
Alternate Fridays

General Information & Refund Policy

- × No registration taken at classes.
- × Refunds will be issued approximately 4 weeks following the request.
- × Refunds must be requested before the end of the 2nd class meeting.
- × Activities canceled by the department will be given automatic refunds.
- × Please note: Due to the nature of the activities, there are no refunds on excursions, youth sports and aquatics.

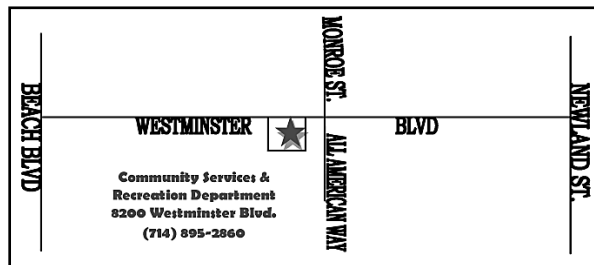
SATISFACTION GUARANTEED

The City of Westminster Community Services and Recreation Department is continually striving to provide the highest quality recreation activities, events and programs, and offers a money back guarantee on all our classes.

If you are not completely satisfied, before the end of the 2nd class meeting, tell us and we will arrange for you to:

- × Repeat the class at no charge, -or-
- × Transfer to a different class, -or-
- × Receive a full refund

Applications for refunds may be made in person, by calling (714) 895-2860, or in writing. Your suggestions and comments are appreciated; they will help us do the best job possible.



Community Services and Recreation Department Registration Information

Registration Form

City of Westminster Community Services & Recreation Department

All information is required. Please Print.

Parent/Adult Name: First _____ Last _____

Address _____ Birth _____

_____ Date _____

City/State/Zip _____ Phone () _____

_____ Cell _____

Email address _____ Phone () _____

Name of Participant:		Birth		Activity	Name of Activity	Fee
First	Last	Date	Sex	Number		
TOTAL FEES						

Do any of the listed participants have any special needs, limitations, and/or allergies? Yes ☐ No ☐

If yes, please explain: _____

Liability and Publicity Release

For and in consideration of permitting _____ to enroll in and participate in the recreational program entitled, _____ sponsored by the City of Westminster, Department of Community Services, the Undersigned hereby voluntarily releases, discharges, waives and relinquishes any and all actions or causes of action for personal injury, property damage or wrongful death occurring to him/herself arising as a result of participation in said recreational program or any activities incidental thereto wherever or however the same may occur and for whatever period said program may continue, and the Undersigned does for him/herself, his/her heirs, executors, administrators and assigns hereby release, waive, discharge and relinquish any action or cause of action, which may hereafter arise for him/herself and for his/her estate, and agrees that under no circumstances will he/she or his/her heirs, executors, administrators and assigns prosecute or present any claim for personal injury, property damage or wrongful death against the City of Westminster and its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees for any of said causes of action, whether the same shall arise by the negligence of any of said persons, or otherwise.

IT IS THE INTENTION OF _____ BY THIS INSTRUMENT, TO EXEMPT AND RELIEVE THE CITY OF WESTMINSTER AND THE RELATED PARTIES MENTIONED HEREIN, FROM ALL LIABILITY FOR PERSONAL INJURY, PROPERTY DAMAGE OR WRONGFUL DEATH CAUSED BY THE NEGLIGENCE OF ANY PERSON OR ENTITY.

The Undersigned, for him/herself, his/her heirs, executors, administrators or assigns agrees that in the event any claim for personal injuries, property damage or wrongful death shall be prosecuted against the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, he/she shall defend, indemnify and save harmless the same City of Westminster and the aforementioned related parties from any claim, cause of action, loss, liability, damage, lawsuit, cost or expense (including reasonable attorney's fees) by whomever or wherever made or presented for said personal injuries, property damage or wrongful death.

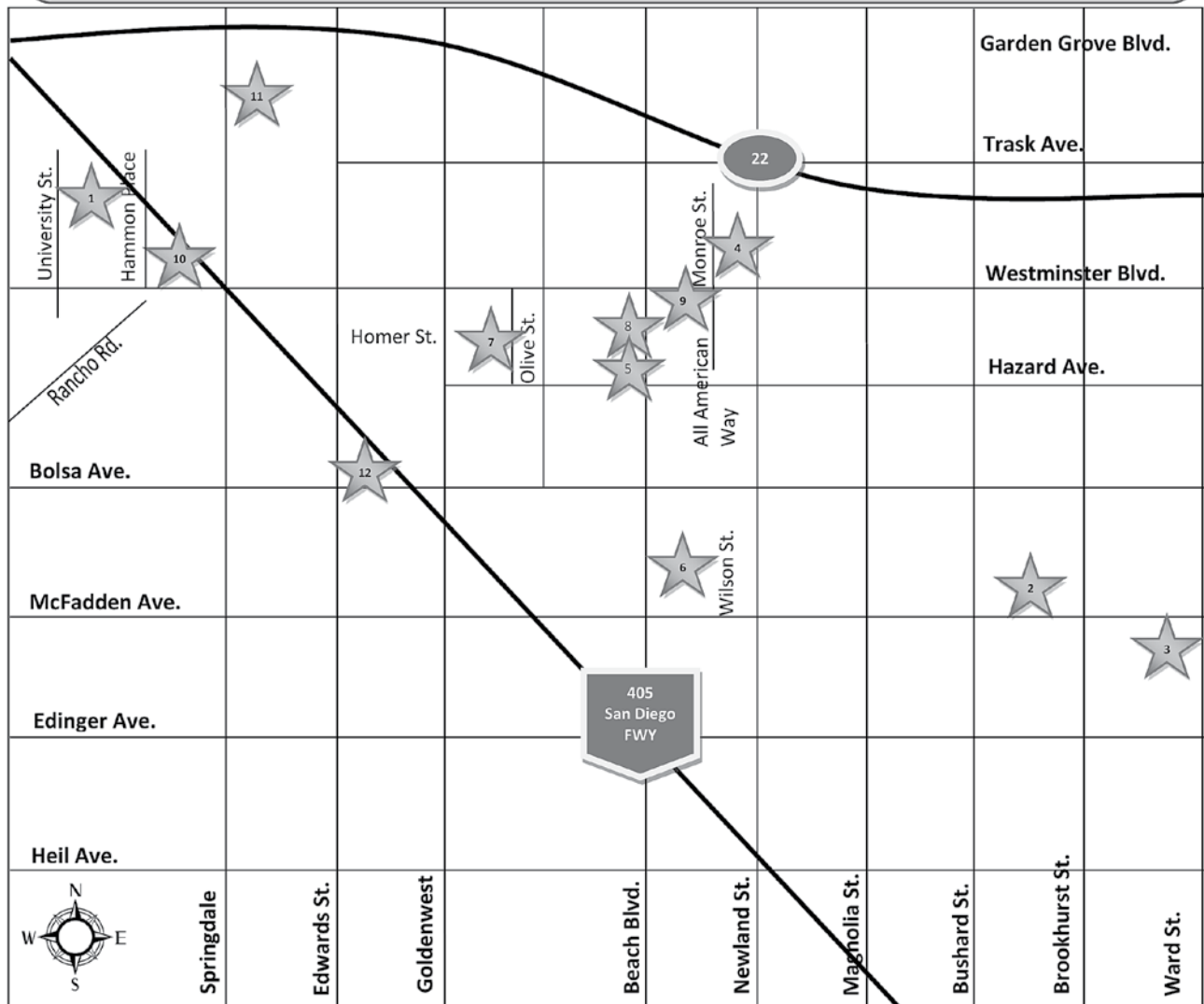
In case of accident or other emergency, the Undersigned hereby gives permission for the City of Westminster and/or its officers, officials, agents, contractors, volunteers, servants or employees, to obtain emergency medical treatment. The Undersigned further agrees to pay any costs incurred as a result of such treatment.

In addition, the Undersigned has been notified that participants involved in City-sponsored community service programs are subject to being photographed or videotaped, and he/she hereby gives permission for the City of Westminster to use such photographs or videotapes on City Department websites and to publicize and promote the City's programs.

The Undersigned acknowledges that he/she has personally read, understands, and voluntarily signs this release and waiver of all liability and indemnity agreement, is fully aware of the potential risks and hazards which are inherently involved in the specified community service program, and in any of the activities, appointments, meetings, or workshops incidental thereto, including but not limited to, any negligent acts performed by the City of Westminster and/or its officers, officials, agents, contractors, volunteers, boards, departments, servants or employees, negligently created or maintained dangerous conditions of public property, weather conditions, equipment, machinery, playing conditions, other participants, on-site physical premises, structures or substantial works of improvement. The Undersigned voluntarily assumes all risks of loss, damage, or injury associated with his/her participation in the specified recreational program or any activities incidental thereto.

Signature _____ Date _____

Parks & Recreation Facilities Legend



1. Bolsa Chica Park
 2. Elden F. Gillespie Park
 3. La Quinta High School
 4. Liberty Park
 5. Miriam Warne Community Building
 6. Park West Park
 7. Sigler Park
 8. The Piano Place Music and Arts Center
 9. WCSB (Westminister Services & Rec. Building)
 10. Wespac Dance Center
 11. Westminister ICE
 12. Westminister Mall
- Carden Conservatory Multipurpose Room
 - Climbx Rock Gym
 - Five Star Taekwondo School
 - Fountain Valley Music
 - Fountain Valley Recreation Center
 - Fountain Valley Senior Center
 - Garden Grove Sports/Recreation Center
 - H. Louis Lake Sr. Center
 - New Hope Gymnastics Academy
 - Rancho Del Rio Stables
 - Santa Ana College
 - Shorinji Kempo Martial Arts

13660 University St.
 9801 McFadden Ave.
 10372 McFadden Ave.
 13900 Monroe St.
 14491 Beach Blvd.
 8301 McFadden Ave.
 7200 Plaza St.
 14441 Beach Blvd. #100 (714)899-4823
 8200 Westminister Blvd. (714)895-2860
 5915 Westminister Blvd. (714)893-2623
 13071 Springdale (714)518-3212
 1025 Westminister Mall
 5702 Clark Drive, Huntington Beach (949) 510-1569
 18411 Gothard St. Unit 1, Huntington Beach
 9192 Garden Grove Bl. #F Garden Grove, CA 92844
 8740 Warner Ave., Fountain Valley (714)963-2010
 16400 Brookhurst St., Fountain Valley
 17967 Bushard St., Fountain Valley (714) 839-8611
 13641 Deodara, Garden Grove (714)741-5200
 11300 Stanford, Garden Grove (714)897-7099
 17270 New Hope St., Fountain Valley (714)556-8050
 1370 So. Sanderson, Anaheim
 1530 W. 17th St. Santa Ana
 15155 Springdale St. Huntington Beach
 (Corner of Springdale and Engineer Dr.)

Hold your next event at:

Westminister Community Services & Recreation Building

*Wedding Receptions
 *Meetings
 *Birthdays
 and other special events

8200 Westminister Blvd.
 Please call **714.895.2860**
 For more information or visit
www.westminister-ca.gov

WESTMINSTER PARKS PROGRAM

Monday - Friday
2:30 - 5:00 pm
Free!
Fall Program begins
Monday, September 9

PARK LOCATIONS

BOLSA CHICA PARK

13660 University St.
714.865.6568

LIBERTY PARK

13900 Monroe St.
714.412.2617

SIGLER PARK

7200 Plaza St.
714.715.0262



CRAFTS



SPORTS



GAMES

City of Westminster
Community Services & Recreation
www.westminster-ca.gov
714.895.2860

City of Westminster & Westminster Mall
present

HALLOWEEN HAPPENING AT THE MALL

Thursday, October 31

4:30 - 7:30 pm

Westminster Mall

Lower Level Macy's court

Bring money to play carnival games.



For further information,
please call 714.895.2860.

Breakfast with Santa

Saturday, December 7

9:00 - 10:30 a.m.

East/West Room

\$8.00

Please call 714.895.2860
for more information or
register online at
www.westminster-ca.gov

REGISTER EARLY! SPACES ARE LIMITED!!

Rose Parade Excursion



Reservations are available on a limited,
first come, first served basis. For more
details, please call the Westminster
Community Services Department
at (714) 895-2860 or register online
at www.westminster-ca.gov

The Westminster Family Resource Center
offers the following Services for **FREE!**

- ◆ Family Advocacy
- ◆ Personal Empowerment Program
- ◆ Domestic Violence Counseling
- ◆ Information & Referral
- ◆ Parent Education Workshops
- ◆ Adoption Promotion & Support
- ◆ Family Reunification Services
- ◆ Dental Services*
- ◆ Emergency Food Program*
- ◆ Emergency Assistance Program*
(Hygiene Kit, Diapers, Food)
- ◆ After School Enrichment Programs
- ◆ Case Management Services
- ◆ Individual and Family Counseling

Services are offered in English, Spanish, and
Vietnamese!



*The Westminster Family Resource
Center is a community
collaborative:*



Trung Tâm Trợ Giúp Gia Đình Westminster
phục vụ MIỄN PHÍ những dịch vụ sau đây:

- ◆ Bệnh Vực Gia Đình
- ◆ Chương Trình Đào Tạo Khả Năng Cá Nhân
- ◆ Cố vấn về bạo hành trong gia đình
- ◆ Thông tin và giới thiệu
- ◆ Hội thảo dành cho phụ huynh
- ◆ Khuyến khích & hỗ trợ dịch vụ nhận con nuôi
- ◆ Dịch vụ đoàn tụ gia đình
- ◆ Dịch vụ nha khoa *
- ◆ Chương trình trợ cấp thực phẩm khẩn cấp*
- ◆ Chương trình trợ giúp khẩn cấp *
- ◆ Chương trình sau giờ học
- ◆ Dịch vụ phụ trách các vấn đề
- ◆ Dịch vụ cố vấn cá nhân và gia đình



Office Hours: Monday– Friday, 8:00 am-5:00 pm
*Closed for Lunch: 12:00 -1:00pm

Location: Sigler Park, 7200 Plaza St.
Westminster, CA 92683

Phone: (714) 903-1331

El Centro de Recursos Familiares de
Westminster ofrece los siguientes servicios
¡GRATIS!

- ◆ Representación Familiar
- ◆ Programa de Superación Personal
- ◆ Consejería en Violencia Doméstica
- ◆ Información y Referencias
- ◆ Talleres de Educación para Padres de Familia
- ◆ Promoción y Apoyo para Adopciones
- ◆ Servicios para Reunificación de Familias
- ◆ Servicios Dentales *
- ◆ Programa para recibir Alimentos*
- ◆ Programa de Asistencia de Emergencias* (pañales, comida, higiene)
- ◆ Programas para Después de Escuela
- ◆ Servicios de Administración de Casos
- ◆ Consejería Individual y para Familias

* While funding is available. Please call for more information.

* Mientras fondos están disponibles. Llame para más información.

* khi còn ngân quỹ Để biết thêm chi tiết xin vui lòng liên lạc trung tâm.

Programs and services at the Westminster Family Resource Center are funded in part through Families and Communities Together (FaCT). FaCT receives funding from federal, state, and county agencies including U.S. Department of Health and Human Services -Promoting Safe and Stable Families, Office of Child Abuse Prevention, California Emergency Management Agency, County of Orange and the Children and Families Commission of Orange County, as well as volunteer, in-kind support and private donations. FaCT is administered by the County of Orange Social Services Agency and Orangewood Children's Foundation.